

Dr Alexander Jack
BBA Hons, MSc DForenPsy.
Forensic Psychologist



Health Professions Council Registration: **PYL35437**

Dr Jack is a Registered Forensic Psychologist, currently appointed as a Specialist Member of the Parole Board and employed as a Lecturer at the University of Bath. He has extensive experience in prison psychology, secure psychiatric care, and with public protection organisations. This includes probation, FCAMHS, and counter-terrorism police. Dr Jack has completed expert reports for family courts and the parole hearings; he has questioned hundreds of psychologists on their reports in his duties for the parole board. He has expertise in complex psychopathology, offending behaviour, and issues pertinent to family psychology, such as attachment theory, psychological trauma, and the development of risk behaviour. Dr Jack is able to complete a range of cognitive, psychological, and risk assessments.

AREAS OF SPECIALISM

- Criminal psychology
- Risk assessment
- Cognitive and capacity assessment
- Offending behaviour
- Forensic mental health
- Psychological assessments of parents
- Attachment theory
- Adolescence and youth offending

PROFESSIONAL QUALIFICATIONS

- 2013 – 2017** Professional Doctorate in Forensic Psychology, University of Nottingham
- 2011 – 2012** Master of Psychology (Commendation, Northumbria University)
- 2005 – 2008** Bachelor of Arts in Philosophy (2:1), Middlesex University

WORK HISTORY

2023 – Present Lecturer in Forensic Psychology, University of Bath

This role involves: module leadership, curriculum design and administration, teaching and associated tasks, research and research supervision, programme development and partnership working. Dr Jack works onto a BPS accredited MSc Applied Forensic Psychology programme that constitutes Stage 1 BPS training in professional practice.

2021 – Present Specialist Psychologist Member of the Parole Board, The Parole Board of England and Wales

Dr Jack acts as a panel member on Parole Board oral hearings and contribute to the questioning of witnesses, evaluation of evidence, conduction of risk assessments, and ultimate decision-making about whether prisoners are safe to release into the community. He also acts as an MCA member to make standalone decisions about suitable disposal.

2023 – Present Associate Forensic Psychologist, Curious Psychology Ltd.

In this role, Dr Jack completes psychological assessments for the family courts, typically specialising in: cognitive, family, and risk assessments.

2022 – Present Consultant in Forensic Psychology, University of Bedfordshire

Dr Jack provides consultancy to the Senior Leadership Team in the School of Psychology to support the development of the MSc Forensic Psychology (BPS accredited) programme. Previously, he fulfilled the position of Course Director.

This involved course design, administration, and development. In addition, teaching, research supervision, and liaison with stakeholders including student, colleagues, senior management, and external professionals (e.g., BPS, external examiners).

2021 – 2023 Senior Lecturer in Forensic Psychology, University of Wolverhampton

This role involved: module, course and curriculum design. Also, teaching, module leadership, and research supervision at undergraduate and postgraduate level. Dr Jack also managed a research portfolio and collaborated with colleagues from within and outside the institution.

Birmingham and Solihull Mental Health Foundation Trust

Senior Forensic Psychologist based in a Medium-Secure Unit (MSU) with additional responsibilities in risk reduction / management projects and programmes.

2016 – 2021 Reaside Clinic (MSU)

Team psychologist with responsibility for the provision of psychological assessment, formulation, and intervention to a rolling caseload of approximately 15 adult male offenders with complex needs. This role also involved systemic practice, consultation and training for allied professionals, supervision of assistant and trainee psychologists, and regular service development and evaluation.

2018 – 2021 Vulnerability Support Hub (Prevent, Counter-Terrorism)

Part of a multi-disciplinary mental health team working with West Midlands Police Counter-Terrorism Unit. The core role involved case management and liaison working with police officers to support the assessment, formulation, and intervention provided to individuals vulnerable to radicalisation and at risk of conducting extremist behaviour. Further roles involved training, consultancy, and service evaluation.

2018 – 2019 OPD Pathway (Probation)

The provision of case consultancy to probation officers managing high and very-high risk offenders within the community. Other duties included the delivery of targeted interventions and training to professionals.

2016 – 2018 Diversion in Place Service (West Midlands Police)

Co-development, design and delivery of a CBT-based anger management intervention for offenders who had committed low-level violent offences. This role involved liaison with police and other professionals and the evaluation of the programme.

2016 – 2022 Associate Forensic Psychologist, Wilcox Psychological Associates

Dr Jack completed parenting, family and cognitive assessments for the Local Authority and under the direction of Family Courts. Also, he was involved in the completion of secular psychological risk assessments for Diocese of the Catholic Church.

TRAINING AND ASSISTANT PSYCHOLOGICAL PLACEMENTS**2016 Forensic Psychologist in Training, Wilcox Psychological Associates**

Supervisor: Professor Daniel T. Wilcox

Dr Jack assisted Professor Wilcox in the completion of psychological risk assessments under the direction of the family courts. He also completed psychological therapies under supervision.

2015 – 2016 Forensic Psychologist in Training, Tamarind Centre, Birmingham and Solihull Mental Health Foundation Trust

Supervisor: Dr Anh Vien

Dr Jack completed this placement in a medium-secure psychiatric hospital. He worked on an MDT team; responsible for the provision of psychological care to adult males including individual and group therapies, risk assessment, and risk management.

2014 – 2015 Forensic Psychologist in Training, St Andrews Healthcare, Northampton

Malcolm Arnold House (FCAMHS): Supervisor: Dr Emma Marks

Dr Jack completed this placement in a medium-secure FCAMHS unit. His role involved psychological risk assessment, psychological formulation, and the development and application of individual and group therapy. This service specialised in Intellectual Disability (ID) and autism spectrum conditions.

Boardman Unit (FCAMHS): Supervisor: Ms Anne Mclean

This placement was located in a low-secure adolescent unit. Responsibilities included: psychological risk assessment, psychological formulation, systemic work with the nursing team, individual and group therapy.

ADDITIONAL TEACHING EXPERIENCE AND QUALIFICATIONS

Dr Jack is a Fellow of the Higher Education Authority (FHEA). His registration number is: PR262495. Additional teaching roles include:

2018 – Present University of Birmingham

Honorary Research Fellow and Visiting Lecturer

Dr Jack's responsibilities include the supervision of doctorate level research projects and teaching across various programmes: BA Hons (Psychology), Clinical Forensic Doctorate, and Forensic Doctorate. Dr Jack teaches on: Free Will and Moral Responsibility, Intimate Partner Violence, Terrorism, and Personality Disorder

2015 – Present University of Nottingham

Visiting Lecturer

Dr Jack teaches on the Forensic Psychology Doctorate programme: Dr Jack teaches on: Free Will and Moral Responsibility, Ontology and Forensic Psychology, The Parole Board, and Terrorism.

ADDITIONAL TRAINING

Dr Jack is proficient in a range of psychological assessment methods and interventions. For example, intellectual and cognitive assessment tools (e.g., WAIS-IV) and specialist measures of psychopathology, personality and interpersonal functioning (e.g., Adult Attachment Interview). Dr Jack has extensive experience conducting psychological risk assessments in a range of clinical and forensic contexts. He employs an integrative approaches to psychological formulation and intervention, having received training in a diverse portfolio of models and techniques.

RESEARCH AND PUBLICATIONS

Jack, A. & Wilson, S. (2022). A dynamic-maturational framework for the study of psychosis and attachment theory. *Journal of Experimental Psychopathology*. 13 (4).

Jack, A. (2021). Is psychiatry equipped for a post-truth world? *Psychosis*, 1-2.

Jack, A., & Panchal, R. (2021). Soaring seas, forest fires and deadly drought: climate change conspiracies and mental health. *BJPsych Bulletin*.

Panchal, R., & **Jack, A.** (2020) The Contagiousness of Memes: Containing the spread of COVID 19 conspiracy theories in a forensic psychiatric hospital. *BJPsych Bulletin*.

Close, C., Mananga, W., Wilmot, J., & **Jack, A.** (2020). "I had to adapt to survive" – building narratives with attendees at an 'unusual experiences' group. *Clinical Psychology Forum*. 335, 19-25.

Wilcox, D.T., **Jack, A.**, Donathy, R.L., & Berry, R.M. (2020). Case studies using the polygraph to assist in assessing sexual risk in three clerics. *European Polygraph*.

Jack, A. (2020). Hearing those who hear voices in a medium-secure hospital. *Clinical Psychology Forum*. 328, 8-12.

Jack, A., & Egan, V. (2018). Childhood bullying, paranoid thinking and the misappraisal of social threat: trouble at school. *School Mental Health*. 10 (1), 26-34.

Jack, A., & Wilcox, D.T. (2018) The psychological assessment of Clerics. *Pastoral Psychology*. 67 (1), 55-64.

Jack, A., & Egan, V. (2017). Trouble at school: A systematic review to explore the association between childhood bullying and paranoid thinking. *Psychosis*. 9 (3), 260-270.

Jack, A., Wilson, S., & Egan, V. (2017). Am I free to practice? A training package concerning free will and forensic psychology. *Forensic Update*. 126, 4-8.

Jack, A., & Egan, V. (2016). Paranoid thinking, cognitive bias and dangerous neighbourhoods: Implications for perception of threat and expectations of victimisation. *International Journal of Social Psychiatry*. 62 (2), 123- 132.

Conference Presentations

Hynes, F., **Jack, A.**, Parkinson, E., Hemblade, S., & Malik, T. (2022). What Do Secure Care Stakeholders Want From the Forensic MDT? a Qualitative Study With Service Users, Carers, and Nurses. *Poster presented at Royal College of Psychiatry International Congress, 2022*.

Panchal, R., & **Jack, A.** (2021, February). COVID-19 IS A HOAX – The Contagiousness of Memes: Containing COVID19 Conspiracy Theories within a Medium-Secure Hospital. *Poster presented at Royal College of Psychiatry Annual Conference, Online*.

Jack, A., & Egan, V. (2016, May). Childhood bullying and paranoid thinking: The cognitive and behavioural consequences. *Poster presented at IMH Research Day, University of Nottingham, Nottingham*.