

Dr Julieta Esteves
B.Sc., M.Sc., D.Clin.Psych.
Clinical Psychologist



Health Professions Council Registration: **PYL041686**

Dr Esteves is an HCPC registered Clinical Psychologist, specialising in the assessment and treatment of post-traumatic stress disorder (PTSD) and complex PTSD in adults. Since qualifying in 2022, she has worked with military veterans experiencing PTSD and trauma-related difficulties, offering assessment and trauma-focused interventions (namely tfCBT and NET).

During, and prior to, her training, Dr Esteves worked extensively in psychosis, including complex trauma and psychosis presentations. She has experience of working with refugees, with complex trauma backgrounds and in doing so has worked extensively with translators and interpreters. She has worked across various populations and settings, including looked-after children, stroke survivors, and Child and Adolescent Mental Health Services (CAMHS).

Dr Esteves is fluent in both English and Portuguese.

AREAS OF SPECIALISM

- Trauma and PTSD
- Psychosis spectrum disorders
- Adult Mental Health Problems

PROFESSIONAL QUALIFICATIONS

2019 – 2022	Doctorate in Clinical Psychology (DClinPsy) <i>Institute Of Psychiatry, Psychology and Neuroscience, Kings College London</i>
2017 – 2018	MSc Clinical Psychology <i>Royal Holloway, University of London</i>
2013 – 2016	BSc Psychology <i>University College London</i>

WORK HISTORY

Sep 2022 – Present Clinical Psychologist, Combat Stress

Psychological assessment and treatment for military veterans presenting with PTSD and trauma-related difficulties; clinical assessment of new referrals; supervision and line management of an assistant psychologist; multidisciplinary team working.

Sep 2017 – Sep 2022 Trainee Clinical Psychologist, South London and Maudsley (SLAM) NHS Trust

Placements:

- PICUP- National Specialist Team in Psychosis, 6 months

Assessment and treatment for Psychosis; CBTp and tfCBTp

- Looked After Children, 6 months

Consultations with foster carers, social services and schools, focusing on developmental trauma

- CAMHS Neurodiverse Pathway, 6 months;

Assessment and treatment for range of presenting difficulties; CBT

- Stroke Ward Neuropsychology, 6 months

Neuropsychological assessments and consultations with MDT

- Trauma in Psychosis Research Trial, 12 months (2.5 wte)

Assessment and treatment of PTSD and psychosis, tfCBTp and NET

- Early Intervention in Psychosis team, 12 months (2.5 wte)

Assessment and treatment of psychosis in first presentation clients.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- BPS Expert Witnessing CPD Course
- DClinPsy Supervisor Workshop Training (*University of Surrey, May-June 2025*)
- NET Training (*The NET Institute, July 2022*)
- Extensive use of and training in Microsoft Office and SPSS.