

Dr Chloe Davies

B.Sc., DClInPsy.

Clinical Psychologist



Health Professions Council Registration: **PYL040102**

Dr Chloe Davies is a HCPC registered Clinical Psychologist with experience of working within both the NHS and Local Authority settings. She has experience of working with individuals across the lifespan but particularly with working age adults presenting with a range of difficulties. Post-qualification, Dr Davies has worked primarily in children's protection services, assessing, formulating and offering intervention to families. This includes those who are within family court proceedings and as a result, she has experience in providing psychological assessments (including cognitive and capacity assessments) of parents to the family courts.

Dr Davies is also experienced in delivering training, supporting multi-disciplinary teams, offering supervision and reflective spaces to other psychologists and health professionals. She also delivers teaching to doctoral and masters students and is involved in the supervision of research projects.

Dr Davies' experience includes, but is not limited to, working with individuals who present with: complex trauma, PTSD, attachment difficulties, addiction, learning disabilities / needs, and people who attract personality disorder diagnoses. As a result, she is very competent in formulating and considering complex psychological and social presentations, as well as assessing risk.

Dr Davies offers a compassionate and non-judgemental approach to direct and indirect clinical work. She is ethically driven and thorough. Her approaches are informed by attachment theory and interpersonal neurobiology. Dr Davies practices therapeutically with Compassion Focussed Therapy, EMDR and Dialectical Behaviour Therapy however, she has experience of operating within services and alongside colleagues that use a wide range of therapeutic approaches, meaning she is able to reflect and consider multiple models and theories in her work.

AREAS OF SPECIALISM

- Trauma
- Adult attachment theory
- Emotion dysregulation
- Substance misuse and addiction
- Domestic abuse
- Mental capacity
- Safeguarding
- EMDR

PROFESSIONAL QUALIFICATIONS

2011 – 2014	BSc Psychology (2:1) – University of York
2018 – 2020	Doctorate in Clinical Psychology (DClInPsy) – Staffordshire University
2023	EMDR (Parts 1–3) – EMDR Europe Accredited Training

WORK HISTORY

Sept 2021 – Present Clinical Psychologist, Telford and Wrekin Family Safeguarding Service

- Psychological assessment, formulation and intervention for parents engaged with child protection services and family court proceedings.
- Provide consultation, training, and reflective practice spaces for multidisciplinary safeguarding teams.
- Supervise trainee and pre-qualified psychology and mental health professionals.

Sept 2018 – Sept 2021 Trainee Clinical Psychologist, Midlands Partnership NHS Foundation Trust

- Core placements in adult mental health, CAMHS, community learning disabilities, and inpatient services for older adults.
- Specialist placements in Telford STaRS (substance misuse) and Telford's Intensive Life Skills team (personality disorder service).

FURTHER SKILLS

Case Management & Therapy

- Manage complex cases across primary and secondary care.
- Skilled in assessment, formulation, risk assessment, care planning and intervention.
- Specialisms: Compassion-Focused Therapy (CFT), Eye Movement Desensitisation and Reprocessing (EMDR), Dialectical Behaviour Therapy (DBT).

Risk Assessment

- Produced a range of risk assessments, including dynamic mental health assessment, crisis, and static assessments of offending behaviour (e.g., RM2000).

Group Facilitation

- Extensive experience in peer-support, therapeutic and DBT-based group work.

Staff Support & Training

- Lead reflective practice groups.
- Supervise junior/pre-qualified staff.
- Deliver psychological training and workshops for multidisciplinary teams.

Report Writing

- Highly analytical with experience in clinical assessments, cognitive testing, court reports, service evaluations, and academic research.

Cognitive Assessment

- Skilled in administering, scoring, and interpreting the WASI-II, WAIS-IV, and ACE-III.

Populations Worked With

- Adults: 7+ years in adult mental health (primary, secondary, and substance misuse).
- Intellectual Disabilities: 2+ years in residential care and 6 months in community LD team.
- Older Adults & Dementia: 2+ years in care homes and 6 months in inpatient older adult services.
- Forensic: 1 year in HMP Stafford delivering the Sex Offender Treatment Programme.
- Young People: 2 years in youth work and 6 months in CAMHS.

Special Interests

- Substance misuse
- Complex trauma
- Attachment difficulties in adulthood
- Interpersonal neurobiology

- Psychometric development and evaluation

Academic Highlights

- Doctoral Thesis: Psychological Mindedness: A validation study of the Balanced Index of Psychological Mindedness in a UK population.
- Award: Recipient of the Debbie Woods Memorial Prize awarded by the DClInPsy course team for an innovative thesis and consistent academic performance.
- Guest Lecturer: Delivers the annual Motivational Interviewing lecture for the Doctorate in Health Psychology and MSc in Applied Psychology at Staffordshire University.