

Dr Giulia Bellesi

BSc, MSc, PhD, DClinPsy, SRCN.

Consultant Clinical Neuropsychologist



Health Professions Council Registration: **PYL36297**

Dr Bellesi is a Consultant Clinical Neuropsychologist, registered with the Health and Care Professions Council (HCPC). She is a Chartered Member of the British Psychological Society (BPS), a full member of the Division of Clinical Neuropsychology, and listed on the UK Specialist Register of Clinical Neuropsychologists (SRCN), recognised as the gold standard for neuropsychology practice in the UK.

Her clinical expertise centres on working with individuals with traumatic and other forms of acquired brain injury, as well as a wide range of neurological conditions including epilepsy, brain tumours, multiple sclerosis, encephalitis, and various forms of dementia. She provides specialist neuropsychological assessment using a broad range of psychometric tools, to evaluate the effects of neurological illness on cognitive functioning and emotional wellbeing, support diagnosis, monitor change, and/or inform care planning. Additionally, she provides evidence-based neurorehabilitation and psychotherapeutic interventions, delivered one-on-one or as part of a multidisciplinary team.

Dr Bellesi has held several NHS posts, and since 2024 has been employed by Cleveland Clinic London, where she runs an outpatient neuropsychological assessment and treatment clinic. Since 2019, she has also worked in independent practice with individuals who have sustained brain injuries and are pursuing personal injury claims. Additionally, since 2020, she has been a Special Medical Visitor to the Office of the Public Guardian and the Court of Protection, regularly conducting independent mental capacity assessments to support them in their roles.

A core aspect of her work across all roles is the preparation of high-quality reports for various purposes, including treatment planning, rehabilitation, and informing legal proceedings. She is committed to providing clear, independent opinions in line with her responsibilities to the court and have completed Bond Solon training on expert witness report writing.

Alongside her clinical practice, Dr Bellesi lectures on neuropsychology-related topics and has published several articles in academic journals, focusing on brain injury, cognitive difficulties, and their impact on behaviour and daily functioning.

AREAS OF SPECIALISM

- Neuropsychology
- Neuropsychological Assessment
- Brain Injury
- Neurological conditions

PROFESSIONAL QUALIFICATIONS

2019 – 2025 **Clinical Neuropsychology MSc**, University of Bristol

2015 – 2018 **Clinical Psychology Doctorate (DClinPsy)**, Institute of Psychiatry, Psychology, and Neuroscience, King's College London

2012 – 2015 **PhD**, Department of Experimental Psychology, University College London
Thesis title: "Everyday Social Functioning in Autism Spectrum Disorder"

2008 – 2011 **BSc Psychology, 1st Class Hons**, Department of Experimental Psychology, University College London

2003 – 2008 **High School Diploma (Diploma di Maturità Scientifica)**, 100/100, liceo Scientifico F. Enriques, Livorno, Italy

WORK HISTORY

2024 – Present **Consultant Clinical Neuropsychologist**
Cleveland Clinic London
Part-time

2020 – Present **Special Medical Visitor**
Office of Public Guardian and Court of Protection
Part-time

2019 – Present **Consultant Clinical Neuropsychologist**
Private practice
Part-time

2021 – 2024 **Principal Clinical Psychologist in Neuropsychological Rehabilitation (Band 8b)**
Acute and Hyperacute Stroke units, Princess Royal University Hospital
Part-time

2020 – 2021 **Highly Specialist Clinical Psychologist in Neuropsychological Rehabilitation (Band 8a)**
Friends' Stroke Unit and Outpatient Stroke Clinical Neuropsychology Clinic, King's College Hospital
Part-time

2018 – 2020 **Highly Specialist Clinical Psychologist in Neuropsychological Rehabilitation (Band 8a)**
Frank Cooksey Rehabilitation Unit, Orpington Hospital
Full-time

2015 – 2018 **Clinical Psychologist Trainee**
Institute of Psychiatry, Psychology, and Neuroscience, King's College London
Clinical placements undertaken during training: Lambeth Talking Therapies (IAPT); Croydon CAMHS; Croydon Memory Service; Clinical Neuropsychology department, Frank Cooksey Rehabilitation Unit, Orpington Hospital; Clinical Neuropsychology department (diagnostics division), King's College Hospital; Tics and Neurodevelopmental Movements (TANDeM) service, Evelina Hospital

2011 – 2012 **Assistant Psychologist**
Experience gained at: Kingston CAMHS; Royal Hospital for Neuro-disability; Specialist Tourette's Clinic, St George's Hospital
Part-time

2011 – 2012

Research Assistant

Department of Experimental Psychology, University College London

Part-time

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2025

‘Excellence in Report Writing’ training day, delivered by Bond Solon

2020 – Ongoing

Attendance of the annual Court of Protection Special Visitors conference/training day

2017

Mindfulness-Based Cognitive Therapy Programme for IoPPN DClinPsy trainees

2014

13th Annual Course in Neuroradiology and Functional Neuroanatomy (UCL)

PUBLICATIONS AND PRESENTATIONS

- Ford, C.E.L., Thorogood, B., Kontou, E., **Bellesi, G.**, Griffiths, M., & Green, S. (2024). “Emotionally, there is no such thing as a minor stroke”. Neuropsychological support after stroke at the UK Stroke Forum 2023. *The Neuropsychologist*, 17, 4-6.
- Brown, L., Fish, J., Mograbi, D., **Bellesi, G.**, Ashkan, K., Morris, R. (2021). Awareness of deficit following traumatic brain injury: a systematic review of current methods of assessment. *Neuropsychological Rehabilitation*, 31, 154-188.
- **Bellesi, G.**, Jeraj, S., Manley, J., Tekes, S., Basit, H., & McNulty, N. (2020). Why do Black Caribbean women benefit less from talking therapies? A pilot study in an inner London IAPT service. *Clinical Psychology Forum*, 326, 24-29.
- Jameel, L., Vyas, K., **Bellesi, G.**, Crawford, S., & Channon, S. (2019). Thinking about other’s mistakes: contrasting patterns of performance in groups high or low in autistic or psychopathic traits. *Cognitive Neuropsychiatry*, 24, 369-385.
- **Bellesi, G.**, Barker, E., Brown, L., & Valmaggia, L. (2019). Paediatric traumatic brain injury and antisocial behaviour: are they linked? A systematic review. *Brain Injury*, 33, 1272-1292.
- **Bellesi, G.** & Morris, R. (2018). Using smartphone apps for neuropsychological rehabilitation and the creation of an ‘apps’ hub. *The Neuropsychologist*, 6, 31-38.
- **Bellesi, G.**, Vyas, K., Jameel, L., & Channon, S. (2018). Moral Reasoning in Adults with Autism Spectrum Disorder. *Research in Autism Spectrum Disorder*, 52, 1-11.
- Vyas, K., Jameel, L., **Bellesi, G.**, Crawford, S., & Channon, S. (2017). Derailing the trolley: everyday utilitarian judgments in groups high versus low in psychopathic traits or autistic traits. *Psychiatry Research*, 250, 84-91.
- **Bellesi, G.**, Jameel, L., Vyas, K., Crawford, S., & Channon, S. (2016). Using and reasoning about social strategies in autism spectrum disorder in everyday situations. *Research in Autism Spectrum Disorder*, 25, 112121.
- Jameel, L., Vyas, K., **Bellesi, G.**, Channon, S. (2015). Great expectations: the role of rules in guiding prosocial behaviour in groups with high versus low autistic traits. *Journal of Autism and Developmental Disorders*, 45, 2111-2322.
- Jameel, L., Vyas, K., **Bellesi, G.**, Roberts, V., & Channon, S. (2014). Going ‘Above and Beyond’: are those high in autistic traits less pro-social? *Journal of Autism and Developmental Disorders*, 44, 1846–1858.