

Sarah-Jane O'Callaghan

B BSC, MSc, CPsychol.

Forensic Psychologist



Health Professions Council Registration: **PYL37755**

Sarah-Jane O'Callaghan has experience of assessing risk of harm to others with adults with mental health issues, personality disorders, learning difficulties and those on the autistic spectrum. She has experience of structured clinical judgment in violent and sexual offending (including HCR-20v3; SVR-20; SAVRy; QACSO; SAPROF; PCL-R; VERA2-R; SOAP; SORAG; ERASOR; SRP; SARA). She has experience of capacity assessment and memory assessments. She has extensive experience of cognitive and psychological assessment and psychometric assessment (MCMI-III and IV; MACI; BAI; TOMM; MMPI-II; IPDE; PAI; WAIS-IV; Connors 3; Safari Fire setting; PANNS; TSI-2; ies-revised; ACE; NART; GSS; COPE; PCI; DES).

She has experience of assessment and treatment of anxiety, depression, complex trauma, psychosis and substance misuse.

She has prepared more than 200 reports for Social Services and Criminal Courts. These reports have covered the following areas:

- Cognitive and capacity assessments of adults
- Risk assessment of adults
- Psychological assessment of adults
- Assessment of neurodiversity, ADHD, Autism

AREAS OF SPECIALISM

- Assessment of Adults in community and Forensic settings
- Risk Assessment experience, violent and sexual offending
- Assessment of mental health problems, trauma, ASD, ADHD, personality disorders
- Experience of therapy 1-1 anger management with forensic mental health community clients
- Psychological therapy experience includes: CBT, CFT and schema therapy
- Experienced in working with DBT, mindfulness, MBT & providing clinical supervision

She undertakes independent assessments in a variety of areas and writes reports for Social Services relating to parents or the Courts relating to individual risk and psychological functioning.

Therapy

Sarah-Jane designed and ran a 1-1 CBT based anger management course for community mental health clients. As part of her role in the community forensic mental service and later in the Offender Personality Disorder service she has provided therapeutic interventions in areas where she has received training and supervision – CBT, CFT and schema therapy. Schema training completed; Experienced in working with DBT, mindfulness, MBT. She has provided clinical supervision to students, trainees and qualified psychologists.

She can offer therapy to adults. She currently does not have a clinic but can see people online or possibly at their G.P surgery if this was possible.

PROFESSIONAL QUALIFICATIONS

2019 – Registered Forensic Psychologist HCPC

2009 – Forensic Psychology MSc

1999 – Psychology and Criminology BSc.

WORK HISTORY

Current Employer

Sept 2010 – Present **NHS – Community Forensic Mental Health Team**

Lead for the Integrated Intensive Risk Management Service and Offender Personality Disorder Service

Description of duties:

- Working with the community forensic mental health team in NHS, providing psychological assessment and risk assessment for community, in-patient and low secure forensic mental health clients 2010 to 2019. Then moved to Offender Personality Disorder Pathway - supporting people on probation to manage emotional and relational difficulties that are connected to their offending. Supporting probation to manage risk.

Previous Employers

Jan 2005 – Sept 2010 **Drugs Intervention Programme**

Description of duties:

- Worked within police and courts to access individuals whose drug use is contributing to crime
- Worked with Prolific Offenders to provide counselling and group work
- Provide assessment of substance misuse
- Provide evidence to courts based on these assessments
- Provide support as a McKenzie friend

Jan 2000 – Jan 2005 **Mental Health Advocate**

Description of duties:

- Worked in multi-disciplinary teams alongside NHS and Social Services
- Supported clients to express their opinions and have their needs met
- Worked in various environments including acute and secure psychiatric wards, the Courts, medical wards, employment tribunals, benefit tribunals
- Worked with service user groups to achieve change

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2010 HCR-20 Risk Assessment Tool – 3 days (Institute of Psychiatry)

2010 South West Low Secure Forum (NHS Cornwall)

2011 International Personality Disorder Examination Training – 2 days In-house Consultant Clinical Forensic Psychologist

2013 Conference on Risk Assessment (Forensic Faculty of Div. Clinical Psychology)

2013 Standards for Forensic Teams (Royal College of Psychiatry)

2012 Forensic Assessment Masterclass (Forensic Faculty of Div. Clinical Psychology)

2012 Motivational Interviewing (Steven Rollnick and Bill Miller)

2014	Broadmoor Conference
2015	RAID Training 1 day
2011	WAIS training NHS 1 day
2016-2017	Schema Therapy Training (Vartouhi O'Hanion, 6 days)
2016	Sex Offender Conference, Birmingham 2 days
2017	Working with Sex Offenders Workshop, Worle Probation
2018	New Directions in Sex Offending Conference 2 days
2019	Mental Health Act Capacity Training
2019	Compassionate Mind Training Paul Gilbert 2 days
2020	New Me Programme training with Probation
2020	Working with Sexual Risk Stone King 1 day
2021	Transgender issues Jackie Craissati 1 day
2021	Intimate Partner violence Jackie Craissati 1 day
2021	Sexual homicide Jackie Craissati 1 day
2022	Clinical Risk Assessment NHS 2 days
2022	Understanding Men who Sexually Offend Jackie Craissati 2 hours
2023	The Oxford Brain Story - the science of brain development Academy for Social Justice ½ day
2023	Working collaboratively to support Neurodiverse people in the Criminal Justice System Academy for Social Justice ½ day
2023	Prevent NHS 1 day
2023	Safeguarding Adults NHS 1 day
2023	Safeguarding Children NHS 1 day
2023	Questions of Justice, Denial and Risk Jackie Craissati 2 hours
2023	Fixated, Paranoia and Delusional Disorder Jackie Craissati 2 hours
2024	Olive McGowan Learning Difficulties training NHS 1 day
2024	Division Forensic Psychology National Conference BPS 3 days
2024	The Science of Happiness Academy for Social Justice ½ day
2024	Developing a system wide approach to Domestic Abuse & Violence Against Women & Girls - a local authority perspective Academy Social Justice ½ day
2024	Issues, Challenges and Opportunities for Trauma-Informed Practice Academy Social Justice ½ day
2024	Why we need to understand shame and its effects Academy for Social Justice ½ day
2025	Routine Enquiry about Childhood Adversity Academy Social Justice ½ day
2025	Mental Capacity Act training NHS 1 day.