

Dr Charlotte Piper
BSc (Hons), MSc, DClínPsy.
Clinical Psychologist



Health Professions Council Registration: **PYL38262**

Dr Charlotte Piper is a HCPC-registered Clinical Psychologist with experience across forensic, neurodevelopmental, and early intervention in psychosis services. She has worked in both NHS and independent settings, including secure forensic environments, probation services, and specialist neurodevelopmental assessment roles.

Dr Piper specialises in the psychological assessment of adults and young people presenting with complex emotional, behavioural, and relational difficulties. Her areas of expertise include personality disorder, psychosis, neurodivergence (ADHD and autism), and substance misuse. She is skilled in delivering trauma-informed, formulation-led assessments that inform legal decision-making, care planning, and therapeutic intervention.

Her forensic experience includes working within Psychologically Informed Planned Environments (PIPE) in probation settings, where she provides clinical leadership, supervision, and consultation. She has conducted risk assessments using structured professional judgement tools (e.g. HCR-20, RSVP), and has contributed to psychologically-informed risk management strategies for individuals with histories of violence, substance misuse, and offending behaviour.

Dr Piper also undertakes neurodevelopmental assessments for ADHD and autism, including post-diagnostic therapeutic work. She is trained in the Autism Diagnostic Interview-Revised (ADI-R) and CBT for ADHD, and integrates neuroaffirmative principles into her practice.

AREAS OF SPECIALISM

- Personality Disorder
- Psychosis and Early Intervention
- Neurodiversity (Autism and ADHD),
- Substance Misuse and Dual Diagnosis
- Risk Assessment and Management
- Trauma and Attachment
- Forensic Psychology and Probation Services

PROFESSIONAL QUALIFICATIONS

2016 – 2019 Doctorate in Clinical Psychology (DClínPsy) – Lancaster University

2013 – 2014 MSc Foundations in Clinical Psychology and Health Services – Goldsmiths, University of London

2010 – 2013 BSc (Hons) Psychology – Lancaster University

WORK HISTORY

Aug 2023 – Present (part time) Clinical Lead Psychologist – Bradshaw House PIPE Approved Premises

GMMH NHS Foundation Trust / Probation Service | Bury

Lead psychologist in a Psychologically Informed Planned Environment (PIPE) residential probation setting. I provide clinical supervision, consultation, and reflective practice to residential staff teams. I deliver formulations using relational, attachment-informed and trauma-aware models. I support the psychological understanding of group dynamics and risk management.

May 2023 – Aug 2025 Neurodevelopmental Assessor (ADHD & Autism), self employed

Conduct comprehensive assessments for young people presenting with symptoms of Autism and/or ADHD. Collaborate with multidisciplinary teams to deliver accurate, sensitive, and trauma-informed assessments. Provide clear, accessible diagnostic reports and feedback to young people, families, and relevant professionals.

Feb 2021 – Jan 2023 Clinical Lead Psychologist – Salford Early Intervention Team (EIT)

GMMH NHS Foundation Trust | Salford

Key responsibilities included the delivery of psychological assessments and therapy to individuals with first-episode psychosis. Supervision of assistant psychologists, trainee clinical psychologists, mental health nurses, and therapists. Managing waiting lists, providing staff training, and contributing to service development. Facilitating therapeutic and psychoeducational groups.

Feb 2020 – Feb 2021 Clinical Psychologist / Therapist – Salford EDIT Team

GMMH NHS Foundation Trust | Salford

Provided individual and family-based psychological interventions for young people (ages 13–25) identified as at risk of psychosis. Delivered systemic and family therapy approaches. Liaised with education, social care, and CAMHS to support care coordination.

Sep 2016 – Sep 2019 Trainee Clinical Psychologist, Lancaster University & LCFT NHS Foundation Trust

- **Birch Hill CAMHS:** Individual therapy and risk assessment with adolescents.
- **North Manchester General Psychology Team:** Adult therapy, team formulation, and supervision experience.
- **Salford Royal Neuropsychology Team:** Cognitive assessments, therapy for NEAD, and co-facilitation of NEAD group.
- **Learning Disability Team:** Capacity assessments, WAIS assessments and adapted interventions.
- **Bolton Early Intervention Team (Specialist Placement):** CBT for psychosis and family work.
- **Calderstones Forensic LD Service (Specialist Placement):** Risk formulation, HCR-20's and RSVPs, therapeutic group work in secure settings.

Nov 2014 – Aug 2015 Drug intervention worker – Integrated Offender Management

Delivered 1:1 drug support to individuals under integrated offender management

Nov 2015 – Jun 2016 Alcohol Worker – Sheffield Addiction Service

Delivered psychoeducational groups and 1:1 interventions. Conducted care planning and assessments for individuals with alcohol dependency.

Sep 2014 – Nov 2015 IOM (integrated offender manager) case manager and drug intervention worker – CGL

Supported individuals identified as at high risk of committing further acquisitive offences to fund drug addiction to address their drug use through psychosocial intervention, practical support and facilitating group work.

Sep 2013 – Sep 2014 Assistant psychologist and support worker (split role) – South London and Maudsley NHS trust. Forensic community mental health team.

Completing HCR-20 and RSVP risk assessments under supervision of qualified psychologist. Supporting individuals in a low secure step-down facility for individuals with severe and enduring mental health difficulties and who had committed violent or sexual offences.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

Mary Seacole NHS Leadership Programme – National leadership programme focusing on personal development, leading teams, managing change, and improving services. *Completed with Pass.*

CBT for ADHD – Focused training in adapting CBT approaches for individuals with ADHD.

CAARMS Train the Trainer – Authorised to deliver training on the Comprehensive Assessment of At-Risk Mental States.

PANSS Training – Proficient in the use of the Positive and Negative Syndrome Scale for psychosis assessment.

CAARMS Training – Core training in using the CAARMS diagnostic framework.

Fire setting risk assessment in forensic settings – training in formally assessing arson risk and in formulating fire setting behaviours

Autism diagnostic interview revised (ADI-R) training – certified training in autism assessment tool

PUBLICATIONS AND PRESENTATIONS

Doctoral Thesis: *“Social justice is the best therapy: A qualitative exploration of the impact of welfare reform and benefits stigma in the UK”*

Valavanis, S., Thompson, C., & Murray, C.D. (2019). *“Positive aspects of voice-hearing: A qualitative metasynthesis”*. Published in *Religion, Culture and Mental Health*.

Poster Presentation: *“Exploring staff perceptions of personality disorder in a medium secure forensic setting”*

Poster & Conference Presentation: *“Training needs analysis exploring knowledge gaps in probation staff supporting individuals with ADHD and Autism”*, presented at BigSpud Conference, Liverpool, 2025.