

**Dr Pippa Crompton**

B.Sc., D.Clin.Psych.

**Registered Clinical Psychologist**



Health Professions Council Registration: **PYL28451**

Dr Pippa Crompton is a HCPC registered Clinical Psychologist with 14 years' experience of working with children, young people and families. She has worked as a senior Clinical Psychologist within a variety of NHS multi-disciplinary CAMHS, as well as a specialist adolescent eating disorders services and a paediatric neurodevelopmental service. She has extensive experience and training in the assessment of autism and ADHD in children and adults, spanning the NHS and independent sector. Dr Crompton is also experienced at offering consultation and liaison to educational settings around issues relating to mental health and neurodiversity. She can implement and report on psychometric assessments to aid understanding of cognitive functioning in children.

#### **AREAS OF SPECIALISM**

- Cognitive Behavioural Therapy (CBT)
- Acceptance and Commitment Therapy (ACT)
- Dialectical Behaviour Therapy (DBT)
- Compassion Focused Therapy (CFT)
- Narrative Therapy
- Autism assessment and post-diagnostic support
- ADHD assessment and post-diagnostic support
- Low mood
- Anxiety
- Panic
- Obsessive Compulsive Disorder (OCD)
- Low self-esteem
- Body image distress
- Bullying and friendship issues
- School based difficulties
- Grief
- Challenging behaviour

#### **PROFESSIONAL QUALIFICATIONS**

**2012**      **DClinPsych, University of Surrey, Guildford**

Thesis: Does experiencing foster placement endings have a long-term impact on foster carer birth children's psychosocial wellbeing? – Received 'no corrections' at viva.

**2007**      **Applied Psychology BSc. – 1st Class Hons., University of Wales, Cardiff**

## **WORK HISTORY**

**Apr 2022 – Present      Lead Clinical Psychologist in private practice**

### **The Autism Assessment Service and Discover Difference**

My work as lead clinician on the autism and ADHD assessment pathways. This involves completing informant-based interview (e.g., ADI-R) or ADOS assessments, information gathering from schools, interpretation of Qb test and cognitive assessment results. I chair MDT meetings to support diagnostic conclusion, provided in-depth feedback to clients and a neuroaffirmative assessment report. I have also developed competence in interpretation of the Qb Test reports. I closely liaise with educational provisions at assessment and post-diagnostic stage, including recommendations of adjustments. I routinely complete risk assessments and support other staff in risk management practices.

**Jun 2021 – Jul 2023      Senior Clinical Psychologist**

### **Betsi Cadwaladr NHS Health Board, Wrexham Maelor Hospital**

Provided specialist autism and ADHD assessments and post-diagnostic support to young people and their families. The role required routine completion of cognitive assessments to aid differential diagnoses. I led the development of a regional, stepped-care ARFID treatment pathway. To address the common comorbidity of neurodevelopmental and developmental trauma difficulties, I provided ongoing training and consultation to the MDT around providing trauma-informed support to families and wider agencies. I provided supervision and teaching to junior psychologists.

**Jun 2020 – Mar 2022      Associate Clinical Psychologist**

### **Clerkin Psychology, Chester**

Clerkin Psychology provided agency contracts to North Wales Tier 3 CAMHS. I provided time-limited, remote evidence-based interventions to young people and their families presenting with a wide-range of mild to moderate mental health difficulties; primarily drawing upon systemic, CBT and CFT frameworks. I also attended CAMHS MDT meetings and clinical group supervision.

**Oct 2016 – May 2021      Senior Clinical Psychologist**

### **Adolescent Eating Disorder Service, Cheshire and Wirral Partnership NHS Foundation Trust**

Provided specialist assessment and treatment to young people presenting with complex and difficult to treat eating disorders on an inpatient and outpatient basis. Led on the provision of a DBT programme and co-facilitate multi-family systemic groups. As a regional Tier 4 service, I provided 'gatekeeping' assessments for inpatient admissions and consultation to eating disorder clinicians across Cheshire and Merseyside CAMHS. Provided supervision to colleagues and held the role of team safeguarding lead.

**Jul 2015 – Oct 2016      Registered Clinical Psychologist in Independent Practice**

set up a small-scale independent psychology service providing assessment and evidence-based treatment to children and young people presenting with a wide range of mild to moderate mental health difficulties. In collaboration with a former-CAMHS colleague, I also provided NICE-compliant autism assessments to both children and adults.

**May 2015 – Oct 2016      Senior Clinical Psychologist**

### **Chertsey, Redhill and Oxted CAMHS, Surrey and Borders NHS Foundation Trust**

Clinical duties reflective of those described under 'Specialist Clinical Psychologist' with an additional emphasis on contributing towards the development of the Trust's neurodevelopmental disorder assessment pathway. Additional roles in providing clinical supervision of junior clinical psychologists, CBT-based supervision to senior non-psychology colleagues and psychological consultation to multi-agency workers; particularly within the education sector. Trust lead and project manager for the implementation of routine clinical outcome measures for the breadth of Children and Young People's Services.

**Oct 2012 – May 2015      Specialist Clinical Psychologist****Aldershot CAMHS, Sussex Partnership NHS Foundation Trust**

Core member of the neurodevelopmental clinic, providing specialist assessments for autism and ADHD. Providing weekly cover for deliberate self-harm assessments within the local general hospital. Managing a therapy caseload of children with complex and/or severe needs relating to mental ill health, learning disabilities and paediatric psychology needs. Conducting cognitive assessments using a wide range of cognitive assessment batteries. Research and outcome measure lead for Trust Psychology. Team lead for the Trust-wide implementation of NICE compliant autism and ADHD care pathways. Clinical supervisor for University of Southampton Clinical Psychology trainees on placement.

**Sept 2009 – Sept 2012      Clin PsychD Training at Surrey University**

Completed core placements covering services for adult mental health, older adult mental health and people with learning disabilities, during which I consolidated particular clinical skills in systemic and second and third wave CBT interventions. The Surrey PsychD course also placed particular emphasis on developing skills in administering and interpreting cognitive assessments with individuals across the lifespan. Completed specialist placements in CAMHS, drawing upon systemic frameworks.

**SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT****Additional training**

- Adopting a lifespan lens to understanding females on the autism spectrum. (ACAMH, 2025)
- ADHD assessment skills for children and young people. (Oasis Training, 2024)
- ADHD assessment of adults. (UKAAN, 2024)
- Qb Test Administration and Interpretation training. (Qb Tech. 2022)
- Developmental Trauma vs Neurodevelopmental Disorders'. (ACAMH, 2022)
- 'Developmental Trauma for Professionals'. (Beacon House, 12 hours, 2021)
- Completion of Foundation Level Dialectical Behaviour Therapy training. (British Isles DBT Training, 5 days, 2016)
- Completion of Autism Diagnosis Observation Schedule (ADOS) training, (Great Ormond Street Hospital, 5 days, 2014)
- Completion of further training in paediatric neuropsychological assessments. (Sussex Partnership NHS Foundation Trust, 5 days, 2013)

**Professional**

- Completion of BPS accredited training in Clinical Supervision.
- Up-to-date training in GDPR, Safeguarding Children and Adults
- Knowledge of policy and legislation relevant to work with children and families.
- Experience of providing consultation in multi-disciplinary and multi-agency networks, teaching and clinical supervision.