

Dr Charlie Brazil
DClinPsy, MSc, BSc.
Senior Clinical Psychologist



Health Professions Council Registration: **PYL040364**

Dr Charlie Brazil started working in the field of psychology in 2012. Since qualifying as a Clinical Psychologist she has specialised with children adolescents and families/parents and, at present, Dr Brazil works in a residential service for children who are looked after by the local authority. Prior to that, Dr Brazil has worked with young people and families who had experienced sexual abuse. Areas of expertise are attachment, relational trauma, abuse, and familial conflict. Prior to clinical training, Dr Brazil also worked as a child and family Social Worker. Dr Brazil's broad training and experience enable her to provide the full range of psychological assessments in family, criminal and civil law.

AREAS OF SPECIALISM

- Child and Family assessments or assessments of parents
- Autistic Spectrum Disorder and ADHD
- General psychological presentations
- Child Behaviour or School Problems
- Domestic Abuse
- Global Family Assessments (parents and children)
- Cognitive and capacity assessments
- Looked After Children
- Parent-Child Attachment
- Trauma and PTSD

WORK HISTORY

PRIVATE PRACTICE:

- Undertake expert witness work for the Family Courts, including comprehensive cognitive assessments (e.g. WISC, WAIS) and screening for cognitive, neurodevelopmental, and mental health difficulties. I provide assessments for adults, adolescents, and children.
- Offer ADHD, autism, and executive functioning coaching and therapeutic support for children, adolescents, and young adults. This work focuses on helping young people develop practical skills for managing everyday life, including organisation, emotional regulation, and task initiation. The aim is to build scaffolded skills, confidence, and increasing independence within a compassionate and supportive framework. Therapeutic interventions are tailored to the individual needs of each young person.
- Provide parental support for families of children with neurodevelopmental differences, helping parents to understand their child's profile and to implement effective, holistic strategies across home, education, and relationships. This work also supports parents in developing empathy towards their child, alongside compassion for themselves. Practical, day-to-day guidance is offered, and family sessions can be incorporated where helpful.

- Have experience providing psychological interventions to young people living in residential care settings across London, many of whom present with ADHD, autism (including where this may be undiagnosed or previously misdiagnosed), complex and relational trauma, and a range of emotional and behavioural difficulties.
- Offer individual and group clinical supervision to staff working in residential care. This includes supporting staff to understand developmental trauma and neurodevelopmental differences, to strengthen their capacity to mentalise, and to respond to children's needs in an attuned and regulated way. A particular focus is placed on co-regulation and reflective practice.

EMPLOYMENT HISTORY:**Senior Clinical Psychologist – Barnet Local Authority Children's Home**

- Led psychology service development for the first therapeutic children's home in the local authority, helping to establish its clinical approach, pathways and models of wraparound care.
- Spearheaded the referrals and admissions process, ensuring timely and appropriate placements for young people.
- Conducted comprehensive assessments and developed individualised care plans tailored to the needs of each young person. A ended any neurodevelopmental or cognitive assessments alongside young people. Delivered individual and group therapy.
- Provided clinical supervision to therapeutic support staff, with a focus on enhancing team reflexivity and psychological mindedness, mentalising abilities, PACE approaches and professional development.
- Collaborated with parents, families, and foster carers to optimise placement outcomes and facilitate safe reunification where appropriate.
- Lead and contribute to multidisciplinary and network meetings, ensuring coordinated, high quality care and continuous review of progress.

Doctorate in Clinical Psychology

- Completed specialist placement at The Lighthouse, a child sexual abuse centre, gaining specialist experience in trauma-informed multidisciplinary assessment and care.
- Undertook additional placements in a Child Protection Team, Early Intervention Stroke Team, Community Mental Health Team (CMHT), and Forensic Learning Disabilities Service, developing broad clinical expertise across populations.
- Doctoral thesis on the experiences of social workers in child protection, published in the Journal of Social Work, demonstrating research impact and contribution to professional knowledge.
- Core therapy models included CBT and systemic therapy.

PRE-DOCTORATE EMPLOYMENT EXPERIENCE:

- Worked in residential homes with young people who had neurodevelopmental differences and learning disabilities.
- Worked in an eating disorders inpatient unit and outpatient clinic.
- Completed a placement in an autism assessment and diagnostic clinic at Great Ormond Street Hospital as part of my MSc.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- Eye Movement Desensitisation Reprocessing (EMDR) Therapy (certified qualification)
- Dyadic Developmental Psychotherapy (DDP) levels one and two (certified qualification)
- Currently completing practicum with specialist supervision
- Systemic family therapy level 1 as part of my social work training
- Executive Function Coaching Certification with Connections in Mind
- Trainings to be completed:
 - Professional training programme on ADHD assessment and diagnosis. This includes use of structured assessment tools such as the DIVA and ACE, alongside screening instruments and formula on-based clinical reasoning (to be completed on 11th May 2026)
 - ADOS training (to be completed in June 2026)
 - ADI-R training (to be completed in July 2026)