

**Dr Eleanor Sorrell**  
PhD, PsychD, CPsychol, AFBPsS  
**Clinical Psychologist**



Health Professions Council Registration: **PYL21166**  
British Psychological Society Membership: **151959**

Dr Sorrell is an experienced Clinical Psychologist specialising in medicolegal assessment for personal injury and RTA cases. Skilled in producing CPR-compliant psychological reports, diagnosing complex mental health conditions, and providing clear, evidence-based expert testimony.

#### **AREAS OF SPECIALISM**

- Psychological assessment following Personal Injury and RTA
- PTSD, trauma, anxiety, depression, adjustment disorders
- DSM-5 / ICD-11 diagnostic formulation
- Prognosis and treatment recommendations
- Expert witness reports compliant with CPR Part 35
- Joint statements and conference with Counsel
- Court attendance and oral evidence

#### **PROFESSIONAL QUALIFICATIONS**

- 2006**          Doctorate in Clinical Psychology (DClinPsy), University of Surrey
- 2004**          Doctor of Philosophy (PhD), University of Dundee

#### **WORK HISTORY**

##### **Clinical Experience**

##### **2015 – Present    Clinical Psychologist in independent practice**

- Delivering comprehensive psychological assessments and formulations
- Providing evidence-based therapy including CBT, EMDR, and ACT
- Adapting therapeutic approaches for remote delivery via secure digital platforms
- Managing clinical risk and safeguarding concerns
- Developing patient-centred treatment plans
- Liaising with GPs, psychiatrists, and MDT professionals as appropriate
- Maintaining accurate clinical records in line with governance standards

##### **2012 – 2015      Lead Clinical Psychologist, Inpatient and Secure Service, Essex Partnership University NHS Trust**

- Lead Psychologist within secure and inpatient service
- Providing management and clinical supervision to junior Clinical Psychologists and other MDT professionals

- Providing assessment, formulation and brief intervention to highly complex service users, within secure and inpatient services
- Working with the MDT to develop formulations of complex clients to enhance care
- Highly skilled in assessment, formulation and management of risk to self and others

**2008 – 2012 Highly Specialist Clinical Psychologist, CMHT and Inpatient Service, Essex Partnership University NHS Trust**

- Providing psychological assessment, formulation and intervention within a community mental health team and inpatient service
- Providing Clinical supervision to junior psychologists, trainees, assistance and MDT professionals

**2006 – 2008 Specialist Clinical Psychologist, Secure Services, South Essex Partnership NHS Trust**

- Providing specialist Clinical Psychology services to service users within a secure hospital
- Assessment, formulation and intervention for complex cases, plus development of skills to work effectively within an MDT

**Expert Witness Experience**

**2008 – 2026 Expert Witness Psychologist**

- Producing CPR Part 35-compliant reports
- Assessing PTSD, adjustment disorder, travel anxiety/phobia, anxiety, depression
- Providing clear medicolegal opinions
- Preparing joint statements
- Attending court when required

**2008 – 2012 Hugh Koch Associates**

- Producing CPR Part 35-compliant reports
- Assessing PTSD, adjustment disorder, travel anxiety/phobia, anxiety, depression
- Providing clear medicolegal opinions
- Preparing joint statements
- Attending court when required

**CPD**

- Trauma-focused CBT training
- EMDR practitioner training
- BPS Expert Witness training
- Expert Witness Institute Training