



## Dr Paola Carr-Walker

BSc., MPsychol., DClinPsych., PgDip., CPsychol., AFBPsS

### Clinical and Forensic Psychologist



Health Professions Council Registration: **PYL03442**  
British Psychological Society Membership: **094100**

Dr Paola Carr-Walker is a Clinical and Forensic Psychologist who had worked since 2006 at Broadmoor Hospital in the Dangerous and Severe Personality Disorder service and in the Personality Disorder Pathway. She is experienced in the assessment of psychopathy, personality disorder, the risk of violence and sexual violence to others, self-harm and suicide assessment, cognitive disorders and intellectual ability, mental illness and other areas of psychological disorder. Dr Carr-Walker has provided numerous psychological reports on treatment needs and the evaluation of outcomes of treatment, including reports used in family law, mental health review tribunals and parole board hearings. Dr Carr-Walker has varied and extensive experience in individual psychological therapy and in the delivery of group training and therapy, particularly in the fields of anger, substance misuse, and personality disorder.

#### EXPERT WITNESS EXPERIENCE

- Assessments of risk including violence, domestic violence and sexual harm for the family and criminal courts.
- Assessment of severe and enduring mental health problems as well as complex personality disorders and psychopathy.
- She assesses the factors contributing to the risk of harm to a child or the risk of reoffending including substance misuse,
- Neuropsychological assessment of cognitive impairment, neurodegenerative disorders and dementia, acquired or traumatic brain injury.
- She assesses intellectual ability, learning disability, mental capacity and fitness to plead.
- Therapeutic assessments of an individual's capacity to address risk including, mental disorder, offending behaviour, substance misuse or parenting difficulties.

#### PROFESSIONAL QUALIFICATIONS

2013	Postgraduate Diploma in Clinical Neuropsychology, University of Bristol, UK
2006	Doctorate of Clinical Psychology, Canterbury Christ Church University, UK
2001	Masters of Psychology (Forensic) (Hons), University of New South Wales, Australia
1998	Psychology BSc (Hons), Nottingham University, UK

#### WORK HISTORY

- 2006 – 17 **Highly Specialist Clinical Psychologist, West London Mental Health Trust, Broadmoor Hospital**
- Risk assessment of offending and behaviour
  - Assessment and formulation of psychological treatment needs

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01273 381468

admin@psychologyexperts.org

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- Individual psychological treatment for mental disorders and offending behaviour predominantly within a cognitive behaviour therapy model and schema focussed therapy model
- Delivery of group psychological treatment for mental disorders and offending behaviour including anger treatment programme, reasoning and rehabilitation programme, and substance misuse
- Provide training and supervision to clinicians in delivery of anger treatment programme
- Assessment of personality disorder and psychopathy
- Neuropsychological assessment and membership of neuroscience service
- Represented Broadmoor at national NoMS/DoH PD strategy meetings
- Teaching staff on psychological understanding and management of patients
- Supervision of trainee forensic psychologists in stage 2 of BPS forensic Chartership
- Presented at DSPD conference (2007) and Annual Research Conference of Psychological Services WLMHT (2009)

**2013 – Pres**

**Independent Psychologist**

Provides forensic psychological reports to parole board and for solicitors representing offenders in custody

**2003 – 06**

**Trainee Clinical Psychologist, Surrey and Borders NHS Trust**

Completion of Doctorate in Clinical Psychology programme at Canterbury Christ Church University (Salomons, South Thames course)

**2001 – 03**

**Research Assistant, Department of Mental Health and Learning Disability, City University**

- Research study on the impact of working with individuals with personality disorder
- Recruitment of subjects, data collection, and analysis of data for Government-funded study on staff who work with prisoners with personality disorder
- Use of SPSS and Nud\*ist analysis programmes
- Writing up of analysis for publication (see below)

**2000 – 01**

**Forensic Psychologist, Department of Corrections, NSW, Australia**

- Assessment and treatment of psychological needs of prisoners
- Assessment of risk of suicide
- Member of classification panel
- Provision of court report
- Assessment of intellectual capacity

**SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- British Psychological Society Expert Witness Training (2014)
- Violence Risk Scale (VRS) and Violence Risk Scale: sex offender version (VRS:SO) (2006)
- International Personality Disorder Examination (IPDE) (2007)
- Learning to use the HCR-20 and PCL:SV to assess risk of violent behaviour workshop (2007)
- Trained to deliver Anger Treatment Programme (Carstairs) (2007) and delivered at least eight programmes in Broadmoor Hospital
- Trained to deliver ASRO-s (Addressing Substance Related Offending – secure services) (Delight Training Ltd) and delivered at least four programmes in Broadmoor Hospital
- Schema Therapy for Narcissistic Personality Disorder (J. Young) (2007)
- RM2000 and Static-99 training (2007)

- Psychopathy Checklist- revised training (PCL-R) (2008)
- Introduction to Supervision Skills Workshop (2 days) (2008)
- PCL-R Inter-rater Reliability of Psychopathy assessment (2009)
- Assessment and Treatment of Anger (R.Novaco) (2010)
- Introduction to Managing Cognitive Impairment and Executive Functioning workshop (J. Ireland) (2010)
- Crime, Brain and the Law (BPS) (2010)
- Reasoning and Rehabilitation Programme (S. Young) (2008)
- Schema Therapy (2007 & 2010)
- Critical Incident Communicator (aka Hostage Negotiator) (2013)
- Mental Capacity Act (2015)

### **PUBLICATIONS AND PRESENTATIONS**

- Carr-Walker, P., Bowers, L., Callaghan, P., Nijman, H., & Paton, J. (2004). Attitudes towards personality disorders: Comparison between prison officers and psychiatric nurses. *Legal and Criminological Psychology*, 9, 1-13.
- Bowers, L., Callaghan, P., Nijman, H., Paton, J., Carr-Walker, P., Allan, T., & Simpson, A. (2003). The Right People for the Job: choosing staff that will adjust positively and productively to working in the new personality disorder (PD) services. Report to the Home Office.
- Bowers, L., Carr-Walker, P., Allan, T., Callaghan, P., Nijman, H., & Paton, J. (2006). Attitude to personality disorder among prison officers working in a dangerous and severe personality disorder unit. *International Journal of Law and Psychiatry*, 29, 333-342.