



Dr Juanita Isaacs B.A. (Hons), M.A. D.Clin.Psych.
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL16234**
British Psychological Society Membership: **141683**

Dr Juanita Isaacs is a Clinical Psychologist registered with the Health Professions Council with over 14 years of experience working within the field of learning disabilities. Her specialist area of expertise is General Adult Mental Health with a specialist interest in Learning Disabilities and Older Adults. She has developed expertise in the assessment and treatment of a wide range of areas including psychological distress, adjustment disorder, phobic disorder, depression and anxiety disorders.

EXPERT WITNESS EXPERIENCE

- Assessments of the psychological impact of personal injury and clinical negligence
- Diagnostic assessments of trauma, PTSD and developmental trauma.
- Assessments in cases of immigration and asylum.
- South African cultural understanding.
- Psychometric assessments of intellectual difficulties and learning disability.
- Evidence-based assessments of Autistic Spectrum Disorder (ASD).
- Assessments of personal risk assessment and risk management.

THERAPEUTIC EXPERTISE

- Cognitive Behaviour Therapy accredited with the BACP and trained in systemic and psychodynamic psychotherapy.
- Short and long-term therapy for individuals following traumatic or catastrophic life events.

PROFESSIONAL QUALIFICATIONS

2014-16	PG Diploma and MSc in Cognitive Behavioural Therapy (CBT) Royal Holloway University of London
2009-15	Doctorate in Clinical Psychology (D.Clin.Psych) Thesis: Managing Endings in Psychodynamic Psychotherapy University of Essex London
2000-02	MA in Clinical Psychology Thesis: Rape Trauma Syndrome: An Interactional Analysis University of Pretoria South Africa
1998	Honours in Psychology, University of the Western Cape South Africa
1995	Honours in Development Studies, University of the Western Cape South Africa
1992-94	Bachelor of Arts – Majoring in Psychology, University of the Western Cape South Africa

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WORK HISTORY

- 2016-Now Chartered Clinical Psychologist, St Pancras Hospital, Acute Adult Mental Health Camden and Islington NHS Foundation Trust**
- Offer specialist individual and group clinical assessments and interventions to clients on Acute Inpatient settings.
 - Supervise trainee psychologists from UCL, Royal Holloway and UEL
 - Conduct neuro-psychological assessments for a range of mental health conditions
 - Offer consultation, formulation groups, training and supervision to other professionals internally and externally on complex cases
 - Service planning and development, working party establishing intervention protocols for people with complex presentations such as personality disorders, Bipolar Affective Disorders, self-harm, substance misuse and difficult family dynamics.
 - Conducting service related research projects
- 2012-16 Chartered Clinical Psychologist (5 Sessions) Kensington and Chelsea Community Mental Health Team – Older Adults Central and North West London NHS Foundation Trust**
- Offers specialist individual, family and group clinical assessments and interventions to clients in community and inpatient setting
 - Supervise trainee psychologists from UCL, Royal Holloway and UEL
 - Conduct neuro-psychological assessments for dementia
 - Offer consultation, training and supervision to other professionals internally and externally on challenging behaviour and dementia
 - Service planning and development, working party establishing intervention protocols for people with personality disorders.
 - Conducting individual and service related research projects
- 2015-16 Chartered Clinical Psychologist – CBT Therapist, Westminster Pastoral Foundation (WPF)**
- Consultation and initial assessment for suitability and recommendation for therapy
 - Offer individual Cognitive Behaviour Therapy (CBT) assessment and interventions to community based patients
 - CBT interventions offered to individuals on a short-term and longer-term basis.
- 2014-15 Chartered Clinical Psychologist (Sessional basis) Kensington and Chelsea Psychological Health and Wellbeing Team, Step 4 IAPT service, Central and North West London NHS Foundation Trust**
- Offer individual Cognitive Behaviour Therapy (CBT) assessment and interventions to community based patients
 - CBT interventions offered to individuals on a short-term and longer-term basis.
- 2015 Chartered Clinical Psychologist. University College London (UCL), Student Psychological Services University College London**
- Offer individual Cognitive Behaviour Therapy (CBT) assessment and interventions to university students.

- Focus included working on immediate problems, developing healthy coping techniques, gaining understanding of underlying issues and, if necessary, developing a longer-term treatment plan.

2002-12 Chartered Clinical Psychologist, Westminster Learning Disability Partnership Central London Community Healthcare NHS Trust

- Offer specialist individual, family and group clinical interventions to clients in community and inpatient setting
- Supervise trainees and assistant psychologists
- Lead on dementia and eligibility assessments
- Offers consultation, training and supervision to other professionals internally and externally
- Service planning and development
- Conducting individual and service related research projects

2005-06 Clinical Psychologist, Assessment and Treatment Team Older Adults Psychology Service North Kensington and Chelsea Central and North West London NHS Mental Health Trust

- Offered individual and group interventions to adult community clients
- Neuro-cognitive assessments of adult community clients.

2000-01 Clinical Psychologist in training

- Psychiatric Hospital
- Psychology Service
- Assessment and treatment of adults with enduring mental health problems
- Family therapy service
- Assessment and treatment of adolescents

1994-94 Counselling service, Cape Town South Africa

- Rape Crisis Centre for women who have been sexually assaulted