



Ms Indira Josling B.Sc. (Hons), PGCE, PG Dip,
BPS Cert Forensic Psychology, CPsychol. AFBPS
Chartered Psychologist
Registered Clinical and Forensic
Practitioner Psychologist



Health Professions Council Registration: **PYL02178**
British Psychological Society Membership: **127970**

Ms Indira Josling is a Consultant Clinical & Forensic Practitioner Psychologist with over 10 years of experience as an expert witness in the Family and Criminal Courts. Her areas of expertise include the assessment of ability to protect/ability to parent, complex mental health and neuropsychological conditions including autism spectrum, ADHD and personality disorders, mental capacity, intellectual disability, substance misuse, trauma, domestic violence, risk assessment of violence and sexual violence and non-accidental injury of babies and children. She lectures on issues including risk assessment, mental health, offending behavior programs (thinking skills, anger management, domestic violence, substance misuse, violence reduction) and provides staff training on issues of safeguarding adults and children and cultural awareness and diversity.

FAMILY LAW EXPERTISE

- BPS Registered Expert Witness with over 7 years of experience in assessment and giving evidence to the Family Court
- Assessments of parents, children and extended families.
- Forensic assessment of risk within families including violence, domestic violence and sexual harm.
- Mental Health and personality assessments and the impact on parenting
- Assessments of substance misuse and the risk of recidivism
- Cultural specialist in the Indian subcontinent and Hindi speaker
- Specialist in Caribbean culture
- Specialist in assessment of child sexual abuse, emotional and physical abuse
- Assessments of the parent-child attachment and family relationships.

CRIMINAL LAW EXPERTISE

- 10 years of experience in criminal cases and forensic assessment.
- Assessments of criminal responsibility, fitness to plead, false confessions and mental capacity.
- Specialist assessment of sexual risk, treatment and the risk of recidivism
- Assessments of substance misuse, abstinence and the risk of relapse

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

PROFESSIONAL QUALIFICATIONS

2015	Started PhD Mental Health Lancaster University
2014	ADOS-2 Assessment for Autistic Spectrum Disorder
2009	ADOS-G Assessment for Autistic Spectrum Disorder
2005	BPS Certificate in Forensic Psychology
2005	Level A Psychometric Certificate
2000	PG Dip Mental Health Interventions Middlesex University
1992	PGCE Greenwich University
1990	BSc (Hons) Psychology, Middlesex University

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- HCR-20 versions 1,2 and 3 Assessing Risk for Violence
- Psychopathy Checklist Revised (PCL-R)
- International Personality Disorder Examination (IPDE)
- Wechsler Adult Intelligence Scale III (WAIS III/V) – Administration & Interpretation
- Wechsler Abbreviated Scale of Intelligence (WASI-II)
- Risk Matrix 2000
- OASyS
- Structured Assessment of Risk & Need (SARN)
- Risk of Sexual Violence Protocol (RSVP)
- Cognitive Behavioural Treatment Programmes – Thinking Skills/Anger Management
- Dialectical Behaviour Therapy
- Mindfulness Training
- Cognitive Behavioural Therapy
- Schema Focused Therapy
- Person-Centred Counselling/Personal Construct Psychology
- Acceptance and Commitment Therapy/Compassionate Focused Therapy
- DBT and MBCBT with Personality Disorder
- Brief Solution Focused Therapy with Autism Spectrum
- Assessment and treatment of anxiety disorder and depression BAI/BDI/PHQ-9/GAD-7
- Psychodynamic Therapy
- Family Systemic Therapy
- Motivational Interviewing
- Supervision Skills
- Expert Witness Training - BPS

WORK HISTORY

2008-Now	Independent Consultant Clinical & Forensic Psychologist, private and NHS mental health and personality disorder services – Visiting Lecturer in Mental Health Winchester University
2005-08	Assessment, Rehabilitation and Court work - London Probation
2000-05	Assessment of dangerous, violent and sexual offenders HM Prisons

- 2002 Visiting Lecturer in Forensic Psychology Brunel University
- 2001 Home Office Offending Behaviour Programmes Review Group
- 1990-99 Lecturer in Psychology and Social Work