



Dr Claire Wilson, B.Sc. (Hons), CPsychol.
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL24212**
British Psychological Society Membership: **200289**

Dr Wilson is Consultant Clinical Psychologist with nine years of post-doctoral experience. She provides assessment and therapy in Post-Traumatic Stress Disorder and related presentations in adults and children. She specialises in complex trauma and has worked in a specialist trauma service building experience in a range of trauma presentations with expertise in working with forms of occupational trauma such as military personnel, emergency services, prison, healthcare, railway network personnel, and industrial accidents. She has extensive experience in working with complex cases including asylum seekers and refugees, therapy using interpreters, victims of torture, human trafficking, domestic violence, traumatic childbirth and child sexual abuse. She has also used Cognitive Analytic Therapy for clients going through court / legal processes, either in forensic or parenting/social services cases.

Dr Wilson provides around 70 reports for the courts each year and has undertaken specialist training in report writing and court room skills. She carries out expert assessments of both adults and children in the fields of Personal Injury, Clinical Negligence, Criminal and Family Law cases including issues relating to child protection, ability to care and parent, attachment, adult mental health, and personality disorder.

EXPERT WITNESS EXPERTISE

- Highly experienced in preparing reports for the courts and specialist training in report writing and court room skills.
- Complex assessments of children, adults, parents and families of all ages.
- Assessment of complex developmental trauma and the impact that this has on parenting and relationships.
- Specialist assessments of parental risk, domestic violence and harm to children
- Occupational trauma including military and emergency services personnel
- Assessments of attachment and capacity to parent
- Assessments of trauma in asylum seekers and refugees, including unaccompanied child refugees, victims of torture and human trafficking
- Complex mental health assessments involving differential diagnosis and treatment planning
- Foreign language assessment with interpreters
- Evidence-based therapeutic interventions including EMDR, Cognitive Analytic Therapy (CAT) and Cognitive Behaviour Therapy (CBT) for trauma and PTSD.

PROFESSIONAL QUALIFICATIONS

- 2006-09 Doctorate in Clinical Psychology (DClinPsy), University of Hull / Hull York Medical School
- 2003-06 BSc (Hons) Psychology (First Class), University of Hull

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WORK HISTORY

2018-Now Clinical Lead and Manager for Looked After Children CAMHS Service.

Highly Specialist Clinical Psychologist lead for the above service – liaison with commissioners and involved in re-designing service to consider clinical outcomes and use of resources. Liaison with social services and other NHS services on complex cases, using attachment focused therapies and complex/developmental trauma assessment and therapy. Training, supervision and consultation. Management of other staff. Work with social workers in the court arena around cases where children may be returned to birth parents and impact on children of this and contact issues for example. Support to the residential units for Looked After Children in the area.

2011-Now Independent Chartered Clinical Psychologist in private practice.

Therapy Services and Expert Witness Assessments including Psychological medico legal assessments of psychological impact of accident or injury in Personal Injury Cases, Clinical Negligence Cases and also for the Criminal Injuries Compensation Authority (CICA). I also offer Family Court Assessment. I undertake around 60 - 70 medico legal reports a year for a variety of cases and referrers. Adults and Children. Psychological assessment and therapy via the Adoption Support Fund focusing on impact of developmental trauma and attachment.

2009-2018 Advancing from newly qualified grade up to Highly Specialist Clinical Psychologist, Humber NHS Foundation Trust

Employed as Clinical Psychologist within a specialist psychological trauma/traumatic stress service. Service specialism in working with ex-military personnel/military trauma in addition to other groups including emergency services personnel, victims of domestic violence, sexual abuse and asylum seekers and refugees. Providing specialist assessment and therapy, plus consultation to other services/staff members in working with this client group. Provision of supervision and placements for final year Trainee Clinical Psychologists.

Supervision of Doctoral Level research projects at the university in the field of Clinical Psychology and trauma. Training within the Trust on the management programme looking at the area of Compassion Fatigue/self-care from a manager's perspective and on Complex Trauma. Supervision of other clinical psychologists both professionally and clinically and offer consultation to other psychologists and professionals around working therapeutically with complex trauma.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2009-12 Eye Movement Desensitisation and Reprocessing (EMDR), training levels 1, 2 and 3 with EMDR Extra (EMDR Europe Accredited training)
 - 2012 Transactional Analysis training – TA101 and TA2 certificates
 - 2013 Schema Therapy training – Workshops 1, 2 and 3 (6 days duration over 1 year) with Schema Therapy Workshops Ltd.
 - 2011 Confer Trauma Skills School
 - 2011 Accredited Clinical Supervisor Training (in collaboration with Clinical Psychology Training Programmes of the Universities of Sheffield, Leeds and Hull). Programme is designed to meet the requirements for supervisor training as detailed in the Committee on Training in Clinical Psychology (2007) 'Criteria for the accreditation of postgraduate training programmes in clinical psychology'.
 - 2011 Attachment Focused EMDR (Dr Laurel Parnell)
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- 2012 Attachment and Psychopathology (5-day course; Patricia Crittenden)
- 2013 Working with Asylum Seekers and Refugees (Freedom from Torture)
- 2013 Addictions Update (Leeds Addictions Unit; Yorkshire PQT, Leeds University)
- 2013 Attachment and Psychotherapy (2-day course)
- 2013 Understanding Trauma (1-year course October 2012 - July 2013; The Tavistock Centre, London)
- 2015 Advanced Supervisor Workshop (Yorkshire PQT) Supervising in Cognitive Analytic Therapy
- 2015 CBT Master Class – CBT for PTSD and Psychosis (University of Hull)
- 2015 Voice Dialogue Training (Hearing Voices Network, 2 days)
- 2015 Mentalising in Cognitive Analytic Therapy (Catalyse North)
- 2015 Level 1 Child EMDR training (1 day).
- 2015 Slaying the Dragon (Trauma focused therapy and EMDR for children – EMDR Extra / Ricky Greenwald) (2 days)
- 2015 Pain and EMDR training EMDR Extra
- 2015 Cognitive Analytic Therapy and Psychosis (Catalyse North)
- 2014 Cognitive Analytic Therapy Practitioner Training ACAT North
- 2017 Cognitive Analytic Therapy 5 session consultation model training (Catalyse)
- 2012 Psychological Assessment for Expert Witnesses (Carter Brown Associates)
- 2013 Court Skills Training and Report Writing (Carter Brown Associates)
- 2017 Bond Solon Report writing and court room skills (continuing onto the Cardiff certificate)
- 2019 Bond Solon Cross Examination training (continuing onto the Cardiff certificate)

PUBLICATIONS AND PRESENTATIONS

Wilson, C., Glover, L and Acton, M (2009). Barriers to referral: The issues faced in recruiting women to a chronic pelvic pain group. *Clinical Psychology Forum*, 202.

Wilson, C and Crane, C. (2009). Siblings of Children with ADHD, chronic illness and developmental disorder: Psychological impact and interventions. Unpublished doctoral thesis.

Wilson, C. (2017) Concepts of the Self, Social Inequality, Culture and Power in reflecting on therapeutic work with Asylum Seekers and Refugees: A Cognitive Analytic Therapy Approach. *Reformulation*, Winter, pp 44-47.

Presentation at ACAT conference in 2018 and 2019 on using CAT with Asylum Seekers and Refugees

Teaching on the CAT Practitioner Course