



Dr Matthew Kurian Consultant Psychiatrist

GMC: 2979203

Dr Kurian has over 25 years' experience preparing medico-legal reports.

He commenced Psychiatric training in 1980 in the Rotational Training Scheme of Coventry Hospitals. After gaining Membership of the Royal College, he worked as Post Membership Registrar in Derbyshire and subsequently as a Locum Consultant for two and half years in Derby & Wolverhampton prior to being selected to the Senior Registrar (Higher Professional Training) scheme of West Midlands.

AREAS OF EXPERTISE

- EMDR
- PTSD
- Mental Health Act
- Work Related Stress
- General Psychiatry
- Psychosomatic Disorders

PROFESSIONAL EMPLOYMENT

Senior Registrar in General Psychiatry, Higher Professional Training scheme of West Midlands Region from December 1991 to 7th February 1995.

Consultant Psychiatrist in General Psychiatry with a special interest in Rehabilitation, New Cross Hospital, Wolverhampton, UK. from 8th February 1995 to 29th February 1996.

Consultant Psychiatrist in General Psychiatry with Northern Birmingham Mental Health Trust from 1 March 1996 to 28th February 1997.

Consultant Psychiatrist in General Psychiatry with Dudley & Walsall Mental Health Trust from 1 March 1997 to September 2014.

PROFESSIONAL EDUCATION AND QUALIFICATIONS

MBBS - January 1977 - St John's Medical College, Bangalore - University of Bangalore, India.

LRCP Edin. LRCS Edin. LRCPS Glasg. - April 1984 - Royal College of Physicians and Surgeons of Glasgow and Edinburgh.

MRCPsych - May 1986 - Royal College of Psychiatrists UK.

DPM - December 1986 - Royal Colleges of Physicians and Surgeons in Ireland.

FRCPsych - February 2006 awarded by The Royal College of Psychiatrists U.K.

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EXPERIENCE

Experience gained in General Psychiatry, Rehabilitation Psychiatry, Liaison Psychiatry during Senior Registrar training and also in Behaviour Therapy, Dynamic Psychotherapy and Cognitive Behaviour Therapy.

Liaison Psychiatry training provided special exposure to Psychiatric syndromes associated with medical illnesses and also Post Traumatic Stress Disorder as well as the Medico-Legal aspects of these conditions.

Experience in preparing medico-legal Reports for over 25 years.

Experience in teaching Psychiatric Trainees & Medical Students and lectures to General Practitioners/Medical Students/Senior and Junior Doctors.

Formerly an Examiner for Undergraduate Medical Students, University of Birmingham.

Member of The Board of Examiners for the membership examination of The Royal College of Psychiatrists (Part I & II) for over 7 years until retirement from the NHS in September 2014.

Associate Medical Director, Dudley & Walsall Mental Health Trust for 12 years until stepping down in 2011.

Formerly a Member of Trust Board & Professional Executive Committee – Beacon & Castle Primary Care Trust Served as a Divisional Public Education Officer for the Royal College of Psychiatrists.

Professor [Visiting] School of Behavioural Sciences, MG University, Kerala, India until retirement in 2014.

Member of British Psychopharmacology Association.

PUBLICATIONS

The Phenomena of Bingeing C G Ballard, R N C Mohan, L McGibben, M Kurian & W R Silveira. Irish Journal of Psychological Medicine 1992, 9: 61-62

An Audit of New Long Stay Patients in a District General Hospital. M Kurian, C G Ballard, S George, R N C Mohan & S Cummella. Irish Journal of Psychological Medicine 1994, 11(1): 4243

Coping in the Carers of Dementia Sufferers K Saad, J Hartman, C G Ballard, M Kurian, C Graham, Professor G Wilcock. - 'Age & Ageing

OTHER RESEARCH EXPERIENCE

Study of New Long Stay Patients as part of a multi-centre project organised by the Research Unit of the Royal College of Psychiatrists.
Field Trial of ICD-10 under the auspices of the W.H.O.

A Prospective Study of Depressive and Psychotic Symptoms in Dementia Sufferers and their Carers.