

Dr Oladimeji Kareem
Consultant Psychiatrist

GMC: 4592420

Dr Kareem is a Consultant Psychiatrist currently working with the Herefordshire Community Learning Disability Team (CLDT), in a specialist neurobehavioural rehabilitation setting for people with Acquired Brain Injury, a specialist residential service for individuals aged 16+ with Autism and in independent practice. His caseload includes adults who have diagnoses of Intellectual Disability, mental illnesses, Personality Disorders, Autistic Spectrum Disorders (ASD) including Asperger Syndrome/High-functioning Autism and forensic/offending history. Dr Kareem has worked in community, rehabilitation and secure settings for patients with Mental, Behavioural and Personality Disorders, Post-traumatic Stress Disorder, Intellectual Disability, Developmental Disorders (including ASD and ADHD), Epilepsy, Schizophrenia, Psychosis, Psychopathy, Anxiety/Depression/Stress Disorders, offending history, Substance Misuse, Parkinson's Disease and Acquired Brain Injury, in addition to Specialist Brain Injury Units, neurobehavioural rehabilitation and specialist residential Adolescent to Adult Life Preparation Service (AALPS) for young people aged 15+.

AREAS OF EXPERTISE

- Aspergers
- Forensic Psychiatry
- Personality Disorders
- Autistic Spectrum Disorders
- Mental Illnesses
- Intellectual Disability
- Offending

PROFESSIONAL EMPLOYMENT

01 Nov 2019 to date: Substantive NHS Consultant Psychiatrist Gloucestershire Health & Care NHS Foundation Trust

Jan 2019 to date: Sessional Consultant Psychiatrist Options Adult Autism Services North, Roxby House, Lincolnshire

May 2018 to date: Sessional Consultant Psychiatrist Brain Injury Rehabilitation Trust, Daniel Yorath House, Leeds

Mar 2017 to date: Consultant Harley Street Doctors, London

08 Dec 2016 to date: Consultant Learning Disabilities Psychiatrist (Locum Hereford Community Learning Disability Team, 2Gether NHS

14 Oct 2016 to 28 Oct 2016: Consultant Psychiatrist (Locum) Cedar House, Huntercombe Hospital, Canterbury

28 Sep 2016 to 26 Feb 2017: Consultant Psychiatrist (Locum) Chalkdown House, Brain Injury Rehabilitation Trust, Swindon

11 Aug 2016 to 11 Jan 2017: Consultant Psychiatrist (Locum) Options Malvern View, AALPS Residential Service, Worcester

25 Aug 2015 to 25 Sep 2015: Consultant Psychiatrist (Locum) Lexden Hospital, Hertfordshire Partnership University NHS Foundation Trust

06 Jul 2015 to 12 Aug 2015: Consultant Psychiatrist (Locum) Plymouth Community Healthcare (CIC), Plymouth

Feb 2014 to 26 Jun 2015: Clinical Director/Consultant Psychiatrist/Responsible Officer Vista Healthcare Independent Hospital, Hampshire

Sep 2013 to Jan 2014: Consultant Psychiatrist in Intellectual Disability Vista Healthcare Independent Hospital, Hampshire

Apr 2013 to date: Partner/Consultant Psychiatrist Psychiatry-UK LLP, Bristol

Jun 2013 to Sep 2013: Consultant Psychiatrist Plymouth Community Healthcare (CIC), Plymouth

Sep 2012 to Apr 2014: Responsible Officer/Medical Director Medical Support Union (MEDSU), London

Sep 2012 to Jun 2013: Consultant Psychiatrist in Intellectual Disability Vista Healthcare Independent Hospital, Hampshire

PROFESSIONAL EDUCATION AND QUALIFICATIONS

Bachelor of Medicine & Bachelor of Surgery (MB, BS), 1988
Diploma in Psychological Medicine (DPM), 1999
Membership of the Royal College of Psychiatrists (MRCPsych), 2001
CCST in LD Psychiatry, December 2004
GMC Specialist Register, January 2005
Fellowship of the Royal College of Psychiatrists (FRCPsych), 2014
Clinician-Administered PTSD Scale for DSM-5 (CAPS-5), 2018
Post-Graduate Certificate in Asperger Syndrome, on-going

SUMMARY OF EXPERIENCE

Having qualified as a Medical Practitioner in 1988 (MBBS), Dr Kareem obtained a Diploma in Psychological Medicine (DPM) in 1999 and has worked continuously in psychiatric practice for over 20 years. He has been approved by the Secretary of State for Health under Section 145(1) of the Mental Health Act 1983 (as amended 2007) as having a special experience in the diagnosis and treatment of mental disorder under Section 12(2) (MHA 1983) since 2000. Dr Kareem obtained membership of the Royal College of Psychiatrists (MRCPsych) in 2001 and is an Approved Clinician (MHA 1983) in both England and Wales. Dr Kareem is fully registered with the General Medical Council and is on the Specialist Register, having completed specialist training in Psychiatry of Learning Disability (CCST) at the Oxford Deanery in 2004. He is affiliated to the

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Forensic, Addiction and Intellectual Disability faculties of the Royal College of Psychiatrists and was elected to the Fellowship of the Royal College (FRCPsych) in February 2014. He became a member of the Mental Health Act Approvals Panel for England South in September 2014 and of the East Anglian Forensic Services Peer Group in March 2016. Dr Kareem has also been a member of the RCPsych Research Panel since November 2018. Dr Kareem's postgraduate training included clinical postings in General Psychiatry, Substance Misuse, Neurology and Internal Medicine, through which he gained experience in detoxification, rehabilitation and relapse prevention in individuals' dependent on addictive substances. This involved didactic teachings in research methodologies, Clinical Psychiatry, Psychology and complementary medicine relevant to Psychiatry and addictions. His Specialist Training Rotations encompassed Developmental Psychiatry within Learning Disability community teams and inpatient psychiatry services (including medium secure units) for residents with complex health and social care needs. Duties involved management of critical/violent incidents/psychiatric emergencies, patient assessment and management, liaison with multidisciplinary professionals/volunteer agencies and working with individuals with challenging behaviour and/or forensic histories.

Dr Kareem has training and experience in Cognitive Behavioural Therapy for conditions including Panic Disorder with Agoraphobia and Separation Anxiety Disorder (1998 to 1999), Psycho-dynamic Psychotherapy and Cognitive-analytic Therapy (1997 to 1999) and Motivational Interviewing (1999 to 2000). He undertook Special Interest sessions in Epilepsy (Jun 2002 to Dec 2003), Clinical Genetics (Jun 2003 to Dec 2003), Forensic Psychiatry (Jan 2002 to Jun 2002) and Brain Injury/Neurorehabilitation (Jan 2003 to Jun 2003). He is also trained to administer the Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) and experienced in the provision of Mental Capacity Assessments and Mental Health Act Assessments including those in respect of Deprivation of Liberty Safeguards (DoLS). During his career, Dr Kareem led the setting up of a Medium Secure Unit for people with Asperger Syndrome (2005 to 2008) in addition to being Clinical Director, Medical Director and Clinical Governance Lead at several hospitals. In his everyday work, Dr Kareem has acted as Responsible Clinician for forensic inpatients, reporting on those patients to various statutory bodies and agencies, including Tribunal Services (Mental Health), Hospital Managers, the Ministry of Justice and Multi-Agency Public Protection Arrangements (MAPPA). His practice involves extensive and detailed risk assessment, formulation, monitoring and management of patients with mental health/behavioural disorders and determination of the impact of risks on patients' mobility and independence. Dr Kareem is regularly instructed by United Consultancy Solutions to provide independent psychiatric reports and expert witness testimony to Tribunals and the Courts (Civil, Court of Appeal, Court of Protection, Criminal, Crown, Family and Immigration); he holds full membership of the Expert Witness Institute. Dr Kareem is involved in medical education, with experience in delivering teaching for students and healthcare professionals regarding the various aspects of mental illness, Psychiatry and ASD in a variety of settings and presents papers/talks at conferences and other educational forums in the UK and abroad. Dr Kareem also provides Clinical Appraisal and Revalidation for Psychiatrists employed in locum positions.

MANAGERIAL EXPERIENCE

- Editorial Board Member, The Western African Magazine, London, UK, 2010 to date
- Lead in development and set-up of a Medium Secure Asperger Syndrome Service at Linden House Hospital and founded and led the Autistic Spectrum Disorder Quality Action Group, 2005 to 2008

- Editorial Board Member, Faculty of Psychiatry of Learning Disability Newsletter, Royal College of Psychiatrists, Jun 2003 to Dec 2005.
- Standing Committee Lead, including formulation of Trust policy on 'Copying letters to patients', Oxfordshire LD NHS Trust, Oxford, 2004
- Compiled an Induction Pack for Specialist Registrars in Learning Disability Psychiatry, Oxford Deanery, 2003
- Specialist Registrars' Representative, Oxfordshire LD NHS Trust, Jun 2003 to Sep 2004
- National LD Specialist Registrars Training Committee Treasurer, 2002 to 2003
- PLDSAC Accreditation Panel Member, PLD Faculty to the Northern Deanery, Nov 2003
- Alcohol Strategy Steering Group Member (a multi-agency group), Oxford, 2002 to 2004
- Shared Care Monitoring Group Member, Northamptonshire Healthcare NHS Trust, 2001
- Clinical Development Working Group Member, Northamptonshire Healthcare NHS Trust, 2001
- Junior Doctors Representative, Medical Advisory Committee, Training Committee and New Deal Negotiation Committee, Rockingham Forest NHS Trust, 1997 to 1999
- Associate Editor of 'Shuaa Al-Amal' (a Hospital Newsletter), AI-Amal Hospital, Jeddah, Saudi-Arabia, 1994 to 1997
- Organised and implemented a Health Insurance Scheme, Kano, Nigeria, 1989
- Planned, co-ordinated and implemented a public health programme on Contraception, Kano, Nigeria, 1989