

Dr Roderick Ley
Forensic Psychiatrist

GMC: 5200551

Dr Ley has prepared expert psychiatric reports and given expert witness evidence in Court on the instruction of the defence, CPS, Probation and at the direction of the Court, covering issues such as fitness to plead, insanity, diminished responsibility, capacity to form intent, mental illness, disposal, and the imposition of civil orders. He has also prepared a large number of reports on parents involved in Child Protection cases and Care proceedings. He has been trained in and have extensive experience of assessing Risk of Harm to others.

The principle tools he uses are the Hare Psychopathy Checklist Revised version (PCL-R) and the Historical Clinical Risk Assessment (HCR 20). He is approved by the Secretary of State under Section 12 (2) of the Mental Health Act 1983 as having special experience in the diagnosis and treatment of mental disorder since 1999.

AREAS OF EXPERTISE

- Fitness To Plead
- Mental Illness
- Diminished Responsibility
- Male Mental Illness
- Capacity To Form Intent
- Disposal Imposition of Civil Orders
- Insanity

PROFESSIONAL EMPLOYMENT

Pre-Registration Jobs

Aug 1990 – Jan 1991 Medical House Officer, Derbyshire Royal Infirmary, Derby, England
Feb 1991 – July 1991 Surgical House Officer, Nottingham City Hospital, Nottingham, England

Senior House Officer (Training posts)

Aug 1991 – Jan 1992 General Medicine & Rheumatology, Princess Alexandra Hospital, Harlow, England

Feb 1992 – July 1992 General Medicine, Oncology & Radiotherapy, Derbyshire Royal Infirmary, Derby, England

Aug 1992 – Jan 1993 General Medicine & Endocrinology, Derbyshire Royal Infirmary, Derby, England

Feb 1993 – July 1993 Obstetrics & Gynaecology, Nottingham City Hospital, Nottingham, England

Vocational Training Scheme for General Practice (Peterborough)

Oct 1993 – Mar 1994 Registrar in General Practice, Market Deeping Health Centre, Lincolnshire

Apr 1994 – Sep 1994 Registrar in General Practice, St. Mary's Medical Centre, Stamford, Lincolnshire

Oct 1994 – Jan 1995 Registrar in Rheumatology (locum post), Derbyshire Royal Infirmary, Derby

Psychiatric Rotations (Basic Specialist Training)

Feb 1995 – April 1996 Psychotherapy Training (Psychoanalytical psychodynamic) Peterborough Training Scheme

Feb 1995 – July 1995 Psychiatry for the Elderly
Dr Birgit Nilakantan, Consultant Psychiatrist
Peterborough District Hospital, Peterborough

Aug 1995 – Jan 1996 Adult Psychiatry / Drugs and Alcohol
Dr Hugh Kilgour, Consultant Psychiatrist
Peterborough District Hospital, Peterborough

Feb 1996 – May 1996 Adult Psychiatry with a special interest in Forensic Psychiatry
Dr Simon Barnett, Consultant Psychiatrist
Peterborough District Hospital, Peterborough
Wellington Training Scheme, New Zealand

May 1996 – June 1996 Child, Adolescent and Family Psychiatry
Dr. Peter Zyminisky, Consultant Psychiatrist
Wellington, New Zealand

June 1996 – Dec 1996 Liaison Psychiatry
Dr. Stokes Taylor, Consultant Psychiatrist
Hutt Hospital, Lower Hutt, New Zealand

Dec 1996 – June 1997 Acute Community Psychiatry
Dr Alison Brown, Consultant Psychiatrist
Hutt Hospital, Lower Hutt, New Zealand

June 1997 – Dec 1997 Child, Adolescent and Family Psychiatry
Drs Susan Perry & John Lambe
Hutt Hospital, Lower Hutt, New Zealand

Dec 1997 – May 1998 In patient Unit, Adult Psychiatry
Drs Victor Morcos & Sheila Gordon
Te Whare Ahuru, Hutt Hospital, New Zealand
Returned to the UK

June 1998 – Sep 1998 Rehabilitation Psychiatry (locum post)
Dr Steve Fallows & Dr Harry Andrews
The Rutland Unit, Leicester
Leicester Training Programme

Sep 1998 – Jan 1999 Forensic Psychiatry
Dr Adarsh Kaul
Arnold Lodge
East Midlands Medium Secure Unit, Leicester

Feb 1999 – Jan 2000 General Adult Psychiatry
Dr. Andrew Briggs

Stamford Resource Centre, Stamford, Lincolnshire

Feb 2000 – Mar 2000 General Adult Psychiatry (Academic Unit)
Professor Michael Reveley
Leicester General Hospital, Leicester
East Anglian Higher Training Scheme In Forensic Psychiatry

Mar 2000 – Mar 2001 Forensic Psychiatry in Medium Security
The Norvic Clinic, Regional Medium Secure Unit of East Anglia, Norwich

Mar 2001 to April 2001 Special Hospital Experience
Rampton High Security Hospital

I spent two months in Rampton hospital attached to Dr Kim Page who works in the male mental illness directorate. My aim was to not just gain valuable clinical experience with this group of patients but also obtain an understanding of how the hospital operates in accepting, treating and discharging patients. To this end, I attended the hospital's referral meeting and assessment panel. I was involved in three assessments of patient referrals with three different Consultants and prepared reports for two of the cases. Although my time in Rampton hospital was brief, I felt I did obtain some understanding of how a special hospital 'works'.

May 2001 – April 2002 Forensic Psychiatry in Medium Security
The Norvic Clinic, Regional Medium Secure Unit of East Anglia, Norwich

May – July 2002 Locum Consultant Forensic Psychiatrist
Park House, Huntingdon

For 3 months, I worked in this locum Consultant post covering the clinical duties of Dr Adrian Grounds who had been seconded to the Department of Health to complete some research. It was a part time post (3 days a week) which allowed me to continue with my research and CAT work. The forensic service in Huntingdon is very small and limited. There are no in-patient beds and no junior medical staff. The service mainly provides consultation and advice. In view of the fact that there were no forensic beds, a model of co-working with the General Adult services had been developed. The forensic team did manage a number of community patients with the agreement that if they required admission, the 'patch' team would provide their care. For this arrangement to work there needed to be a very good working relationship between the general adult services and the forensic team which there was. In addition, there were no secure beds in our area. There was a contract with George Mckenzie house (a PICU and low secure unit) in Cambridge to provide Huntingdon with some in-patient facility. The Regional Secure Unit covering the area is the Norvic Clinic in Norwich. When a 'forensic patient' required admission it required much negotiation with these different units. I gained much valuable experience doing this. In addition, a service was provided to the local prison (HMP Littlehey) in the form of one session per week. This is a Category C prison and does not have a Health Care centre. It mainly accommodates prisoners who are near to discharge but also has a number of 'lifers'.

August 2002 – Feb 2003 Forensic Psychiatry in Low Security and in the
Addenbrooke's & Fulbourn Hospitals, Cambridge

In my final training post I continued to build on and consolidate my previous experience. As before I had clinical responsibility for the care for some in-patients and out-patients. This necessitated the preparation of reports for MHRTs, Managers Meetings and for the Home Office. I also completed a number of assessments on referrals from a wide variety of places. As a result I visited various prisons [including HMP Highpoint (women side) in

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Suffolk and HMYOI Glen Parva in Leicester] and other psychiatric units such as the Wellerwing unit in Bedford. I also undertook a number of psychiatric reports for Magistrate's and Crown Courts. After completing my forensic training and obtaining my CCST, I took the opportunity to widen my experience by undertaking some locum posts before taking up a substantive post:

March & April 2003 Locum Consultant Forensic Psychiatrist in Challenging Behaviour Unit Fairoak House, St James Hospital, Portsmouth

The Challenging Behaviour Service is a tertiary service which is part of, and mainly takes referrals from General Adult Psychiatry. It also has important liaison roles with the forensic services, prisons, courts and social services who also make referrals. It is not a mentally disordered service although this group makes up a proportion of the workload. Fair Oak operates a specialist assessment and advice service, as well as supervision and skilled treatments for those with serious challenging behaviour whose needs are not fully met within general Adult Mental Health settings.

May 2003 onwards Locum Consultant General Adult Psychiatrist Agenoria House, Wisbech & The Fermoy unit, Kings Lynn

PROFESSIONAL EDUCATION AND QUALIFICATIONS

1987 B. Med. Sci. (Hons) Nottingham

1990 B.M., B.S. Nottingham

1994 T (GP) U.K.

1995 M.R.C.G.P. U.K.

1999 M.R.C.Psych U.K.

C.C.S.T. (Forensic Psychiatry) 03/03 U.K.:

2006 Diploma in Cognitive Analytic Therapy 2006 UEA, .