

## Dr Miguel Montenegro

CPsychol; DClinPsychol; MSc; BA (Hons); DipHypCS; DipCP; AFBPsS;  
FNCS

### **Consultant Clinical Psychologist and Neuropsychologist**



Health Professions Council Registration: **PYL30138**  
British Psychological Society Membership: **206537**

Dr Miguel Montenegro has extensive experience in psychometric, psychological, cognitive and neuropsychological assessment, medico-legal, mental capacity assessments for the Court of Protection, psychological formulation and therapeutic interventions in brain injury, mental health, and dementia services. He works from a range of psychological models, including cognitive-behavioural, compassionate, systemic, person centred, solution focused and existential.

#### **AREAS OF SPECIALISM**

- Psychometric and Neuropsychological Assessments
- Mental Capacity Assessments
- Therapy – CBT, ACT, EMDR, CFT
- Research and data analysis
- Clinical supervision, staff training and teaching
- Return to work therapy
- Brain injury
- Learning Disabilities
- Dementia
- Mental Health

#### **PROFESSIONAL QUALIFICATIONS**

- 2019 – Present** Post-doctoral Certificate in Clinical Neuropsychology Practice – The University of Bristol
- 2017 – 2019** Post-doctoral Diploma in Clinical Neuropsychology (Distinction) – The University of Bristol
- 2010 – 2013** Doctorate in Clinical Psychology - The University of Liverpool
- 2009 – 2012** Professional Diploma in Psychotherapeutic Counselling - Chrysalis (Accredited by Open University/Royal College of Nursing) (Pass with merit)
- 2006 – 2008** MSc in Child and Adolescent Mental Health (Pass with Merit) – The University of Northampton
- 2003 – 2006** BA (honours) in Psychology with Criminology (Honours) (2:1) - The University of Northampton

#### **WORK HISTORY**

- 2020 – Present** **Consultant Clinical Psychologist and Neuropsychologist – The Priory Group and the NHS Merseyside and Cheshire Trauma Network**
- Neuropsychology and clinical psychology services, assessment, therapy, consultation, mental capacity assessments.
- 2018 – Present** **Clinical Director / Consultant Neuropsychologist– Dynamic Neuropsychology**

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Neuropsychology and clinical psychology services, assessment, therapy, and supervision. Medico-legal, Occupational Health and Health insurance claims for assessment and therapy following head and psychological trauma.

**2017 – 2020      Clinical Lead / Clinical Psychologist in Neurorehabilitation – TRU Ltd**

Brain injury and Neurobehavioural Rehabilitation, Pre-community rehabilitation and reintegration

**2014 – 2017      Principal Clinical Psychologist - St Andrews Healthcare**

Brain injury, Learning Disabilities, Dementia, Neuropsychiatric and Neurobehavioural Rehabilitation

**2013 – 2015      Specialist Clinical Psychologist - Mersey Care NHS Foundation Trust**

Neuropsychological Assessment and Rehabilitation (Walton Centre and St Helen Hospital, NHS)

## **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

### **Professional Training and Courses**

<b>2019/2020</b>	EMDR accredited training, Parts 1 to 3
<b>2016</b>	HCR-20 training - version 3
<b>2016</b>	BPS Certificate in 3rd Wave CBT
<b>2015</b>	BPS Advanced Supervisor training
<b>2013</b>	Bond Solon Expert Witness training
<b>2006</b>	The Good Lives Model for working with Forensic populations

### **Other Languages**

- Portuguese – Native conversational and written skills
- Spanish – Basic conversational and written skills

## **PUBLICATIONS AND PRESENTATIONS**

- Montenegro, M., Barreira, J., et al (2023). Evaluating the Rehabilitation Complexity Scale (RCS) in an extended rehabilitation service for people with brain injuries. Conference Poster.
- Whitaker, L., Campbell, V., Montenegro, M., & Jackson, H.F. (2021). The Behavioural Assessment of Self-Structuring (BASS): A Factor Analysis in a Post-Acute Brain Injury Rehabilitation Programme. International Journal of Neurorehabilitation, 8, 1-6.
- Montenegro, M., Tremarco, M., Hitchmough, D., Jones, E., & Carter, V. (2019). 'Hi5 Group': using DBT to improve quality of life, well-being and functioning in male clients with brain injury. Poster presentation at UKABIF annual conference, London, 11th November 2019.
- Montenegro, M., Vedmore, T., McLoughlin, P., & Daniels, L. (2018). Experiences of people with brain injury attending an 'emotional management group': a Q-study. Poster presentation at UKABIF annual conference, London, 5th November 2018; Poster presentation at Division of Clinical Psychology Annual Conference 2019, Manchester, 23rd January 2019
- Cook, N., & Montenegro, M. (2017). Goal-setting using RAID® ladders in brain injury inpatient rehabilitation. Poster presentation. BPS 2017 Annual Conference, Brighton Hilton Metropole Hotel, 3-5 May 2017.
- Montenegro, M., Parsons, L., & Jenkins, K. (2017). The MAK café: a co-produced and co-delivered café stall. Poster presentation. BPS 2017 Annual Conference, Brighton Hilton Metropole Hotel, 3-5 May 2017.
- Parsons, L., & Montenegro, M. (2016). Reflections on vocational reintegration through the development

of a patient-led café stall in brain injury rehabilitation: The MAK Café. Prize winner for the 2016 RAID® Awards for Excellence in Working with Challenging Behaviour. APT Leicester. Available online: [http://www.apl.ac/\\_images/the-mak-cafe.pdf](http://www.apl.ac/_images/the-mak-cafe.pdf)

- Cook, N., & Montenegro, M. (2016). Who is goal-setting? Characteristics of people who set goals using RAID® Ladders in brain injury inpatient rehabilitation. Prize winner for the 2016 RAID® Awards for Excellence in Working with Challenging Behaviour. APT Leicester. Available online: [http://www.apl.ac/\\_images/goal-setting.pdf](http://www.apl.ac/_images/goal-setting.pdf)
- Parsons, L., Montenegro, M., & Jenkins, K. (2016). Benefits of a co-produced and co-delivered café stall: The MAK café. Poster presentation. St Andrews Healthcare.
- Burch, E., Stewart, I., Montenegro, M., van der Sluijs, A., & Harding, V. (2016). A service evaluation exploring the utility of RAID® reminder sessions for staff to promote green behaviour recordings. Poster presentation. BPS Division of Neuropsychology 5th Annual Conference, Royal College of Surgeons, London, 17-18 November 2016.
- Harding, V., Baker, F., Stewart, I., & Montenegro, M. (2015). Recognising positives: creating opportunities for and promoting adaptive behaviours within a sample of adults with progressive neurological conditions. Poster Presentation. International Dementia Conference, Birmingham, 3-4 November 2015.
- Montenegro, M. (2015). Sexuality and diversity training in clinical psychology courses in the UK. *Clinical Psychology Forum*, 270 (June 2015): 5-9.
- Montenegro, M. & Greenhill, B. (2015) Evaluating 'FREDA challenge': a coproduced human rights board game in services for people with intellectual disabilities. *Journal of Applied Research in Intellectual Disabilities*, 28(3): 223–237.
- Montenegro, M. (2014). "Am I dead or alive?" Integrative Cognitive and Behavioural Therapy with a 15-year old experiencing Obsessive Compulsive Disorder. *International Journal for Psychological and Complementary Therapies*, 6(1): 45-64. Case study.
- Montenegro, M. & Bird, E. (2011). "Post-diagnostic support group" for carers of people with dementia in a Northwest NHS Trust: a pilot. *Signpost: Journal of Dementia and Mental Health Care of Older Adults*, 16(2): 3-9.
- Stubbs, B., Cooper-Evans, S., Durran, M., & Montenegro, J.M. (2007). An exploration of walking activity amongst older adult neuropsychiatric inpatients. *International Journal of Therapy and Rehabilitation*, 14 (12): 532-536.