

Dr Majid Saleem

BSc, MSc, PGC, PhD, DClinPsy.

Consultant Clinical Psychologist



Health Professions Council Registration: **PYL34004**

Dr Majid Saleem is a consultant clinical psychologist with over a decade of experience working in clinical psychology settings. Dr Saleem specialises in psychological assessments of people with complex mental health difficulties, personality disorders, and neurodevelopment conditions. Dr Saleem has worked in both North America and Europe in research and clinical settings.

AREAS OF SPECIALISM

- Expert witness
- Criminal courts
- Medico-legal
- Immigration

PROFESSIONAL QUALIFICATIONS

2013 – 2016 DClinPsy, Clinical Psychology, University of Sheffield, UK

Thesis: A systematic review of the psychometric properties of multi-trait outcome measures of psychological distress used in adults with intellectual disabilities and the construct validity of the Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV) and its relationship with adaptive behaviour in the assessment and diagnosis of intellectual disabilities in a UK population.

2008 – 2012 PhD (Neuro/Cognitive Psychology), University of Bradford, UK

Thesis: Cognitive deficits in first episode psychosis and schizophrenia

2005 – 2006 PG Cert, Primary Mental Health, University of the West of England, UK

2001 – 2002 MSc, Information Security, Royal Holloway University of London, UK

1998 – 2001 BSc (Hons), Psychology, Royal Holloway University of London, UK

WORK HISTORY

2016 – Present Insight Psychological Solutions Ltd, Consultant Clinical Psychologist

- To conduct specialist medico-legal assessments, including RTA, clinical negligence, and industrial accidents.
- To conduct specialist assessments for criminal and civil courts, for full psychological assessments, intellectual disabilities, suggestibility, and capacity.
- To provide training to both mental health and non-mental health professionals in emotional wellbeing and other areas specific to clinical psychology.
- To provide direct psychological assessment, formulation and therapy using a range of psychological approaches, including, CBT, CAT, Schema, and psychodynamic therapy.
- To provide psychological consultation and supervision to corporate organisations.

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2020 – Present Ihsan Therapeutic Services, Professional Advisory Board – Consultant Clinical Psychologist

- To provide current knowledge, critical thinking, and analysis to increase the confidence of the decision-makers.
- To gain new insights and advice to solve business problems or explore new opportunities by stimulating robust, high-quality conversations.
- To problem solve, explore options/concepts and strategic direction.
- To provide teaching, training, and consultation on topics within clinical psychology

2018 – Present Cygnet Healthcare, Consultant Clinical Psychologist

- To provide specialist psychological services to patients through the appropriate use, interpretation, and integration of complex data from a variety of sources including psychological and neuropsychological tests, self-report measures, rating scales, direct and indirect structured observations and semi structured interviews with patients, family members and others involved in the patient's care.
- To formulate and implement plans for the formal psychological treatment and management of a patient's mental health problems, based upon an appropriate conceptual framework of the patient's problems.
- To undertake risk assessment and contribute to risk management for individual patients and to provide advice and training to other professions on psychological aspect of risk assessment and management.
- To evaluate and make decisions about treatment options taking into account both theoretical and therapeutic models and highly complex factors concerning historical and developmental issues
- To provide specialist psychological advice, guidance and consultation to other professionals as required. Contributing directly to the patient's formulation, diagnosis and treatment plans.
- To communicate in a sensitive and timely manner information concerning the assessment, formulation and treatment plans of clients and their progress during the course of both stand alone and MDT care.
- To contribute to service development and formulate clinical models of working.
- To provide leadership to the MDT and clinical team, this includes chairing monthly governance meetings.
- Co-development of a national assistant psychologist development programme.
- To provide clinical supervision to qualified and junior staff and students.
- To conduct audit and research for peer reviewed publication. Attendance at monthly research and governance meetings, where new research projects are discussed and scrutinised for approval.

2018 – 2019 Horizon Care and Education, Senior Clinical Psychologist, Looked After Children

- Responsible for visiting staff teams across the locality and delivering regular psychological consultation to residential homes and EBD schools.
- Offer DDP informed therapeutic/re-parenting informed approaches to support staff teams.
- Involved in delivering training in therapeutic models of care.
- Engaged in assessing young people on arrival into care, monitoring their progress, developing therapeutic plans and contributing to service development.
- To provide direct psychological therapy in individual and group setting using different psychological models e.g. CBT, CAT, ACT, Psychodynamic, Systemic and Mindfulness.
- Supervise Assistant and Trainee Clinical Psychologists.

2016 – 2018 Bradford District Care NHS Trust, Clinical Psychologist, Early Intervention in Psychosis

- Assessment, formulation and intervention of complex mental health needs in children and young adults who are considered at risk mental states and experiencing signs of early psychosis following early experiences of trauma.
- Supervision of psychology and non-psychology staff within the multi-disciplinary team
- Consultation to primary and third sector organisations around managing young people with complex mental health presentations
- Cognitive Behavioural Therapy for psychosis (CBTp), Cognitive Analytic (CAT) and Systemic approaches with individuals and families
- Teaching and training of health care professionals

- Research and audit

2015 – 2016 Sheffield Health and Social Care NHS Trust, Clinical Psychologist in Training

Early Intervention in Psychosis

- Assessment, formulation and intervention of complex mental health needs in young adults experiencing signs of early psychosis
- Supervision of junior staff within the multi-disciplinary team
- Consultation to primary and third sector organisations around managing young people with complex mental health presentations using Cognitive Behavioural Therapy for psychosis (CBTp) and Systemic approaches
- Teaching and training of mental and non-mental trained professionals

Child & Adolescent Mental Health

- Completion of autistic spectrum disorder assessments in children and young people using ADOS ADI and school observations
- Neuropsychological assessments of children and young people
- ADHD assessments of children and young people
- Assessment, formulation and intervention of complex mental health need problems in children and young people using CBT and Systemic approaches

Community Learning Disabilities

- Assessment, formulation and intervention of complex mental health need problems in adults using Psychodynamic approaches
- Neuropsychological and intellectual disabilities assessment of adults using the WAIS-IV and Vineland-III

Older Adults Community Mental Health

- Assessment, formulation and intervention of complex mental health need problems in older adults using Cognitive Analytic Approach (CAT) approach
- Neuropsychological and early dementia assessments of older adults

Adult Mental Health

- Assessment, formulation and intervention of complex mental health need problems in adults using a CBT approach

2012 – 2013 Hotchkiss Brian Institute, University of Calgary, Postdoctoral Fellow

- Clinical and neuropsychological assessments of young people at clinical high risk of psychosis
- Delivering group CBSST training for young people at clinical high risk of psychosis
- Preparation of manuscripts for peer reviewed journals and presentations of research at national and international conferences
- Writing project grants and proposals for research funding
- Supervision of postgraduate and undergraduate student projects
- Hosting seminars and workshops for undergraduate and postgraduate research students

2007 – 2010 Wakefield District Primary Care NHS Trust, CAMHS Primary Practitioner

- To provide direct psychological assessments and therapy to children and adolescents (CBT and solution focused)
- To provide direct and indirect consultation and support to workers within the Primary Health Care Team and other relevant agencies
- To promote and assist the development of workers via training and education in the Primary Health and Social Care setting

2006 – 2007 South West Yorkshire Mental Health NHS Trust – Department of Clinical Psychology – Learning Disabilities, Assistant Psychologist

- Undertake protocol based psychological assessments of clients applying psychological, including neuropsychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care.
- Assist in the formulation and delivery of care plans involving the psychological treatment and/or management of a client's problems, under the supervision of a qualified professional psychologist, in both community and in-patient/residential settings.
- Assist in the design and implementation of audit and research projects. Undertake data collection, analysis, the production of reports and summaries, using IT and statistical programs.

2004 – 2006 Bradford and Airedale Primary Care NHS Trust – Primary Mental Health Service, Graduate Mental Health Worker

- The delivery of brief evidence-based CBT interventions and self-help support in accordance with the stepped care approach.
- Joint working with other professionals, including the co-facilitation of psycho-educational groups, (stress and anger management)
- Liaison with other professionals, agencies and community resources
- Supporting the development of practice-based disease registers, information systems, audit and outcome measurement
- Service evaluation, audit and research projects

2003 – 2004 West Gloucestershire Primary Care NHS Trust – Primary Mental Health Service, Graduate Mental Health Worker

- The delivery of brief evidence-based CBT interventions and self-help support in accordance with the stepped care approach
- Joint working with other professionals, including the co-facilitation of psycho-educational groups, (stress and anger management)
- Liaison with other professionals, agencies and community resources
- Supporting the development of practice-based disease registers, information systems, audit and outcome measurement
- Service evaluation, audit and research projects.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2022	ADOS-2 Training (Modules 1-4) – Hogrefe
2022	Working with families living with apparently unusual experiences (PQT)
2022	Virtual Reality Cognitive Therapies - University of Leeds (PQT)
2022	Working Psychologically with ASC – University of Leeds (PQT)
2022	Compassion Focused Therapy from the Inside Out – University of Leeds (PQT)
2021	An introduction to sensory integration and how sensory processing presents in mental health and neurodiversity – University of Leeds (PQT)
2021	Expert Witness Work (Roles and Responsibilities) – University of Leeds (PQT)
2021	Expert Witness Work – British Psychological Society (BPS)
2021	Introduction to Group Work – University of Leeds (PQT)
2021	Compassionate Leadership – University of Leeds (PQT)
2021	Understanding the Impact of Covid – University of Leeds (PQT)
2021	Racism in Clinical Psychology – University of Leeds (PQT)
2021	Understanding and Working with Dissociation – University of Leeds (PQT)

2020	New Developments in ACT practice – University of Leeds (PQT)
2020	Applying the Mental Health ACT – University of Leeds (PQT)
2020	Power Threat Meaning Framework – University of Leeds (PQT)
2020	Positive Psychology and Dementia - University of Leeds (PQT)
2019	Risk of Sexual Violence Protocol (RSVP) Training
2018	HCR-20 and SVR-20 Training
2017	Clinical Psychology Supervisor Training – University of Leeds
2017	Cognitive Remediation CiRCUits Training – Institute of Psychiatry
2015	Wechsler Intelligence Scale for Children (WISC-IV) - University of Sheffield
2015	Short term Psychodynamic Therapy – University of Sheffield
2014	Short term Cognitive Analytic Therapy (CAT) – University of Sheffield
2013	Wechsler Memory Scale (WMS) – University of Sheffield
2013	Wechsler Adult Intelligence Scale (WAIS-IV) – University of Sheffield
2012	Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS) – University of Calgary
2012	Cognitive Behavioural and Social Skills Training (CBSST) – University of Calgary
2011	Cognitive Remediation Therapy (CRT) – Institute of Psychiatry
2010	Cambridge Neuropsychological Test Automated Battery (CANTAB) – Cambridge
2008	Solution Focused Therapy (SFT) – University of Sheffield
2007	Short term Cognitive Behavioural Therapy (CBT) – University of York.

PUBLICATIONS AND PRESENTATIONS

Full Papers:

Saleem MM, Brewin A, Ding C, Nazar Q, Robinson J, Hosalli P, Nazari J, Garnham M, Inglehearn C, Cardno A, Mahmood T (2019). Risk of Psychosis in Yorkshire South Asians. *Journal of Psychiatric Intensive Care* 15(2) 117-121.

Saleem MM, Beail N, Roache S (2019). Relationship between the Vineland Adaptive Behaviour Scales and the Wechsler Adult Intelligence Scale IV in Adults with Intellectual Disabilities. *Journal of Intellectual Disabilities Research* 63(9); 1158-1162.

Saleem MM, Harte MK, Marshall KM, Scally A, Brewin A, Neill JC (2013). First episode psychosis patients show impaired cognitive function – A study of a South Asian population in the UK. *Journal of Psychopharmacology* 27(4); 366-73.

Saleem MM, Harte MK, Marshall KM, Scally A, Brewin A, Neill JC (2013). Positive effects of a novel cognitive remediation computer game (X-Cog) in first episode psychosis: a pilot study. *Psychosis (Psychological, Social and Integrative approaches)* 6(3); 215-219.

Saleem MM, Stowkowy J, Cadenhead K, Cannon T, Cornblatt B, Mathelon D, McGlashan T, Perkins D, Seidman L, Walker E, Tsuang M, Woods S, Addington J. (2013). Perceived discrimination in those at clinical high risk for psychosis. *Early Intervention in Psychiatry* 8(1); 315-318.

Addington J, Case, N, **Saleem MM**, Auther A, Cadenhead K, Cornblatt C. (2013). Substance use in clinical high risk for psychosis – Review of the literature. *Early Intervention in Psychiatry* 8(2); 333-340.

Abstracts:

Saleem MM, Harte MK, Marshall KM, Neill JC (2012). Investigation into the effects of computerized cognitive remediation therapy (X-Cog) in a first episode psychosis population. *Early Intervention in Psychiatry* 6(1)96.

Addington, J., Cadenhead, K., Cornblatt, B., McGlashan, T., Perkins, D., Seidman, L., Tsuang, M., Walker, E., Woods, S., Mathelon, D., Addington, J., **Saleem MM.**, Cannon, T. (2012). North American Prodrome Longitudinal Study (NAPLS 2): Overview and Methods of Predictors and Mechanisms of Conversion to Psychosis. *Early Intervention in Psychiatry* 6(1)126.

Saleem MM, Harte MK, Marshall KM, Neill JC (2011). First episode psychosis patients show impaired cognitive function on the Cambridge Automated Neuropsychological Test Battery (CANTAB) – A South Asian population in Bradford, United Kingdom. *International Clinical Psychopharmacology*: 26 e172-e173.

Saleem MM, Harte MK, Marshall KM, Neill JC (2011). First episode psychosis patients display impaired cognition on the Cambridge Automated Neuropsychological Test Battery (CANTAB) – A study comparing South Asian to Caucasian patients. *Journal of Psychopharmacology*, 25(8)A72.

Saleem MM, Harte MK, Marshall KM, Neill JC (2011). Patients who have had a first episode psychosis show impaired executive function as assessed by the ID/ED test from CANTAB. *The Journal of the European College of Neuropsychopharmacology*, 21(3)S455.

Saleem MM, Harte MK, Marshall KM, Neill JC (2010). Investigation into cognitive function in first episode psychosis patients. *Schizophrenia Research* 117:215.