

## Dr Tracey Tyler

BA, PGCE, PGCTLHE, D.Clin.Psy. GDL.

### Consultant Clinical Psychologist



Health Professions Council Registration: **PYL22576**

Dr Tracey Tyler has 22 years of qualified experience with extensive clinical experience working in a range of settings and across a range of client groups with particular expertise across different client groups with multiple difficulties: adults, children, adolescents, Learning Disabilities, ASD, ADHD, FASD, mental health, behaviours that challenge, personality disorder, substance abuse, domestic violence, parental alienation.

She has conducted full risk assessments of adults and children, full psychological assessments, cognitive and capacity assessments. She has worked with complex cases including complex trauma, personality disorders, high risk taking behaviours, domestic violence, substance abuse and clients with offending histories. She has conducted assessments for personal injury, work related injuries and negligence claims in adults, young people and children. This includes the assessment of Psychological trauma and mental health difficulties arising from events including RTAs, work related injuries and negligent events that have caused psychological trauma for the person. She has also conducted assessments of more complex clients who have a history of trauma / mental health difficulties / personality disorder and have then suffered further trauma through an injury or clinical negligence.

Dr Tyler has engaged in therapeutic interventions as well as consultation and training with complex client groups. She has set up Looked after Children's services for social care, managed her own business for Expert Witnesses into the civil and family courts for 17 years as well as working as an academic, clinical and research tutor on the Doctorate Programme for Clinical Psychology. She has worked for a Virtual organisation and lead on the assessment of Autistic Spectrum Disorder where everything was operated from an online platform.

Dr Tyler has acted as an Expert Witness for the British Psychological Society and has advised the society and given evidence in a case of professional misconduct of an Expert Witness in Care Proceedings. She is a member of our local Family Justice Council (FJC) and will be presenting at their conference in September 2023.

I am the Director of Focus Mental Health which offers a national Multi-Disciplinary-Team service for the assessment and diagnosis of complex presentations including a diagnosis of neurodevelopmental disorders (ASD, FASD and ADHD) and emotional and behavioural difficulties in adults and children, including trauma. We Have Psychiatry, Paediatricians, Clinical Psychology, Speech and Language Therapy and Occupational Therapy.

#### AREAS OF SPECIALISM

- Child Protection including babies to teenagers
- Domestic Violence
- Drug & Alcohol abuse
- Parenting capacity, including in teenage parents, learning disabilities and autism
- Child, adolescent and adult mental health, emotional, social and behavioural presentations including self-harm, suicidal ideation and violence
- Family Dynamics including sibling assessments
- Full Psychological assessments of Adults including mental health and indications of personality disorder
- Parental Alienation

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01273 381468

admin@psychologyexperts.org

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- Cognitive assessments
- Capacity Assessments in adults (to litigate)
- Assessing FASD, ASD and ADHD neurodevelopmental disorders and mental health conditions in children and adults
- Adults, young people and child Expert Psychological assessments for Personal Injury claims due to RTA, Psychologically traumatic events and work related injuries. Also assessments for children and adults for clinical negligence cases for the Civil Courts.

## PROFESSIONAL QUALIFICATIONS

<b>2013 – 2015</b>	Northumbria University	Graduate Diploma in Law / Common Professional Exams in Law
<b>2013</b>	White Hart Course	Certificate in Leadership and Change Management
<b>2009 - 2010</b>	University of Teesside	Post Graduate Certificate in Teaching and Learning in Higher Education
<b>1997 – 2000</b>	University of Teesside	Doctorate in Clinical Psychology
<b>1994 – 1995</b>	University of Exeter	PGCE (primary)
<b>1990 – 1993</b>	University of Exeter	BA Psychology (2.1).

## WORK HISTORY

### **2019 – Present Focus Mental Health**

Developing a neurodevelopmental assessment service for ASD, FASD and ADHD. Working as an Expert Witness into the Family (public and private law) and Civil Courts (my main role) for adults, children and adolescents.

### **2016 – 2019 Options Group, Clinical Lead, Northern Region**

Leading a service for adults with mental health difficulties / neurodevelopmental disorders.

### **2015 – 2016 Cambian Group, Hub Lead Psychologist**

Leading sexual and Complex Trauma services for LAC residential care and their families.

### **2014 – 2015 Inmind Childrens Services, Head of Clinical Services**

Leading a service on clinical interventions and assessment in schools, care homes and community transition services (adults) and a mother and baby unit.

### **2008 – 2014 University of Teesside, Consultant Clinical Psychologist, Doctoral Training Programme**

I trained Clinical Psychologists and acted as a research and academic tutor, internal doctorate examiner as well as acting as a personal and professional development tutor.

### **2004 – 2014 Assessment Legal Psychological Services, Director of an Associate Psychological Service**

I developed my own business and worked as an Expert Witness into the Family (public and private law) and Civil Courts. For adults, children and adolescents.

### **2003 – 2008 CAMHS, Tees Esk and Wear Valley Trust, Highly Specialist Clinical Psychologist (LAC Specific)**

I established and provided a highly specialist psychology service from birth to 25 years of age for LAC young people and adults.

### **2000 – 2003 CAMHS, Tees Esk and Wear Valley Trust, Clinical Psychologist**

I undertook clinical (psychological) risk assessment and diagnostic formulations and a range of both standard and advanced interventions across a range of settings for child and families including Adult assessment and intervention.

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**1997 – 2000 University of Teesside, Trainee Clinical Psychologist**

In year 3, I chose to focus on forensic services and worked in a secure unit for men with an LD. I also delivered and evaluated a 6 month sex offender treatment programme. I also did a 6 month placement in a secure adolescent forensic unit and worked with highly complex clients.

**1995 – 1997 Llanfrechfa Grange Hospital, Gwent, Assistant Psychologist**

LD including forensic LD.

**SPECIALIST TRAINING AND RESEARCH**Training

- Trained in the Strange Situation (Pat Crittenden – attachment)
- Trained in the Dynamic Maturation Model (Pat Crittenden - attachment)
- Diploma in Dialectical Behaviour Therapy (DBT)
- Trained in Dyadic Developmental Psychotherapy (DDP)
- Trained in the Autism Diagnostic Interview (ADI-R)
- Trained in Autism Diagnostic Observation Schedule (ADOS – 2)
- Professional Diploma in Positive Behaviour Support (PBSP)

Research

- I was an internal thesis viva examiner and research supervisor for the Doctorate Training Programme in Clinical Psychology for 6 years. Some examples are:
- The impact of dissociation an IPA approach
- Complex Trauma in IAPT services
- The lived experiences of residential care workers with children with complex trauma.
- My GDL research project (2015) was ‘Does neuroscience support the law that holds 10 year olds responsible for a criminal offence?’

**MEMBERSHIPS AND PUBLICATIONS**Professional Membership

- HCPC membership number PYL22576

Publications & Presentations

- Jones, T. (1997). From the perspective of a befriender. Communication: The Magazine of the National Autistic Society, 15-17.
- Jenkins, R. Rose, J., & Jones, T. (1998). The checklist of challenging behaviour and it’s relationship with the psychopathology inventory for mentally retarded adults. Journal of Intellectual Disability Research, 42 (4), 273-278.
- Tyler, T. (2010). Psychological Assessments for Family Proceedings; What Constitutes a Reliable Assessment. Journal of Family Law, Vol 40, pp 280-284.
- Tyler, T. (2011). Observations of Contact for Family Proceedings. Is your client at a disadvantage? Journal of Family Law, 719-723
- Tyler, T. (2011). Legal Skills Training on the Clinical Psychology Doctorate Programme at Teesside. Clinical Psychology Forum, 226, 39-42.
- Tyler, T. (2011). The Limbic Model of Systemic Trauma. Journal of Social Work Practise. <http://dx.doi.org/10.1080/02650533.2011.602474>

Conference Presentations:

- The Work Based Learning Network of the Universities Association for Lifelong Learning, Annual Conference, Teesside University, 2010 : How legal decisions impact upon work based placements for health professionals. Tyler, T. & Mitchell, G.
- Legal Skills Training in Clinical Psychology. Group of Trainers in Clinical Psychology Conference. Nov 2010. Tyler, T. & Dyson, G.
- The Limbic Model of Systemic Trauma. The British Psychological Society Annual North East Conference. October 2011. Tyler, T.
- Developmental age and adults with autism – Helping professionals and families manage the complexities. National Autism Conference. June 2017. Tyler, T.