

**Dr Sarah Morrow**  
BSc. (Hons)., D.Clin.Psych.  
**Clinical Psychologist**



Health Professions Council Registration: **PYL37388**

Dr Morrow qualified as a HCPC registered Clinical Psychologist in 2019 and has ten years of clinical experience within the NHS. During this time, she has worked with a range of clinical populations across various care settings, such as secure forensic mental health services, eating disorder inpatient units, and specialised community mental health teams for older adults and those with learning disabilities.

Dr Morrow has developed specialist skills when assessing individuals with presentations that may be considered complex, including those with learning disabilities, neurodevelopmental conditions like autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD), and presentations arising from complex trauma and / or forensic histories. Dr Morrow adopts an integrative and individualised approach to assessment and intervention, drawing from a range of theories and therapeutic models to enable the best outcomes for service users.

Dr Morrow currently holds a Senior Clinical Psychologist role within the community learning disability team (CLDT) in Leeds. She has also recently developed her professional practice in an independent capacity as an associate practitioner, whereby she offers an expert witness service to the family courts which involves conducting specialised assessments, including those of cognition and capacity.

#### **AREAS OF SPECIALISM**

- Intellectual / Learning Disability
- ASD / ADHD
- Complex Trauma

#### **PROFESSIONAL QUALIFICATIONS**

**2019** Doctor of Clinical Psychology (University of Leeds)

**2011** 1st Class BSc. Honours Degree in Psychology with Criminology (Manchester Met. University).

#### **WORK HISTORY**

##### **2022 – Present Senior Clinical Psychologist (Leeds and York Partnership NHS Foundation Trust)**

- Conducting comprehensive learning disability assessments
- Psychological assessment and intervention with service users with complex needs
- Leading complex case consultations with staff teams and families
- Consulting with team members on issues of capacity and / or risk assessment
- Multi-disciplinary Team (MDT) and multi-agency working
- Delivering clinical supervision to Trainee and Assistant Psychologists
- Co-facilitating training to staff teams relevant to psychological concepts (e.g., positive behaviour support and trauma-informed formulation)
- Involvement in service development activities

##### **2020 – 2022 Clinical Psychologist (South West Yorkshire NHS Foundation Trust)**

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- Undertaking neurodevelopmental assessments for young people for ASD and ADHD, as part of the CAMHS neurodevelopmental assessment team
- Offering a psychological perspective to explore alternative diagnoses (e.g., attachment disorder, developmental trauma, mental health or learning needs)
- Producing high quality comprehensive reports
- Supervising junior psychology team members

**2019 – 2020      Clinical Psychologist (Bradford District Care NHS Foundation Trust)**

- Conducting detailed dementia assessments for the Memory Assessment and Treatment Service, involving a complex battery of assessments
- Psychological assessment and treatment for service users in the older adult CMHT
- Systemic working with staff teams and families
- Facilitating training to staff teams, e.g., on the CLEAR dementia framework
- Supervising junior psychology team members

**2016 – 2019      Trainee Clinical Psychologist (University of Leeds)**

- Clinical placements in working age adult psychology services, CAMHS, learning disability and older adult community services, and inpatient eating disorders.
- Developed competencies in CBT and CAT, alongside skills in several other therapeutic frameworks.
- Adherence to strict academic demands, including the submission of several essays, a case study, a service evaluation project and a doctoral thesis.

**2014 – 2016      Assistant Psychologist (South West Yorkshire NHS Foundation Trust, Forensic Learning Disability Hospital)**

**2013 – 2014      Assistant Psychologist (Calderstones Partnership NHS Foundation Trust, Forensic Learning Disability Hospital).**

**SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

Dr Morrow continues to engage in training and activities relevant to her continuous professional development (CPD). This has included further training in learning disability and trauma-informed care, autism diagnosis (ADOS-2), clinical supervision, mental capacity act, courses relevant to working with complex trauma such as ‘an introduction to Cognitive Analytic Therapy (CAT)’, Bond Solon expert witness courses and more. A full list of CPD has not been provided here, however, can be provided upon request.