

Dr Sara Morgan

B.Sc., M.Sc., PGDip, D.Clin.Psych.

Clinical Psychologist



Health Professions Council Registration: **PYL31478**

Dr Morgan is a Clinical Psychologist. She currently works in a locked rehabilitation hospital with patients who are detained under the Mental Health Act, where she is employed as the Head of Psychology. Prior to this role she worked for four years in a medium secure hospital for offenders detained under the Mental Health Act. Dr Morgan is registered with the Health and Care Professions Council. She has a BSc (Hons) in Psychology, a Masters in Mental Health Studies, a Post Graduate Diploma in Forensic Psychology and a Doctorate in Clinical Psychology. She has been conducting psychological assessments since 2012. Her areas of specialty include adult mental health, assessment of violent and sexually violent offenders, and ADHD and Autism assessments and their links to risk.

AREAS OF SPECIALISM

- Adult mental health
- Sex offending
- Violent offending
- ADHD
- Autism
- IQ, cognitive

PROFESSIONAL QUALIFICATIONS

2014	Cardiff University Doctorate, Clinical Psychology
2011	University of Wales Institute Cardiff Postgraduate Certificate in Forensic Psychology, Forensic Psychology
2005	Kings College London MSc mental health studies, Mental Health Studies
2004	University of Westminster BSc Psychology, Psychology

WORK HISTORY

2020 – Present Head of Therapies for Rushcliffe Independent Hospitals for Rushcliffe Care Limited

- Lead the development, evaluation and management of the therapies services across Rushcliffe Independent Hospitals and step down unit.
- Manage, train, supervise and support team colleagues.
- Work within multidisciplinary teams.
- Ensure quality and compliance with internal and external standards and regulations including Healthcare Inspectorate Wales.
- Provide expert knowledge and support within the service and to the wider clinical team.
- Conduct psychological assessments, develop care plans and provide both group and individual therapy.
- Conduct clinical research and disseminate outcomes via presentations and publications.
- Lead role in recruitment of staff within psychology and other disciplines.
- Developed a protocol for an ethics committee within the company.
- Liaising with local universities to co-develop research and support placement students within the service.

- Chair the Clinical Governance meetings ensuring quality, compliance, lessons learnt and other feedback are actioned and reviewed.
- Lead for staff well-being and patient satisfaction through developing a staff well-being and a patient satisfaction survey, reporting the findings to the clinical governance meeting where recommendations for change and development were actioned.

2021 – 2022 Director of Therapies for Vestige Healthcare (Part time)

- Lead role in recruitment of staff within psychology and other disciplines.
- Lead the development, evaluation and management of therapies across Vestige Healthcare.
- Developing a culture of trauma informed care for the service with management and staff.
- Keeping up to date with the latest research and training within the area to ensure the therapies offered are evidence based.
- Conducting performance reviews and appraisals of staff.
- Liaising with local universities to co-develop research and support placement students within the service.
- Ensure quality and compliance with internal and external standards and regulations including Care Quality Commission.
- Provide expert knowledge and support within the services and at board level.
- Developed systems of psychological support for staff.

2021 Non-executive Director for Vestige Healthcare, August 2021 – December 2021

- Direct involvement with the board in the development of the strategic aims of the company.
- Advising the board from a clinical perspective on matters of quality, standards, ethics and safety.

COURSES

- ADOS II Training
- UKAAN training for ADHD assessment
- Acceptance and Commitment Therapy - Level 2
- Approved Clinician/ s12 Introduction Course
- IPDE
- PCL-R
- HCR-20
- Compassion Focused Therapy with Sex offenders
- CBT-E with Christopher Fairburn
- Cognitive Analytic Therapy Practitioner (due to be completed in February 2023).

PUBLICATIONS

Wells, M., Morgan, S., Gale, L. and Hartwright, C., (2022). 'Fathers in Forensic Mental Health Services'. Tomlin, J. and Vollm, B. (eds.). Diversity and Marginalisation in Forensic Mental Health Care. London; Routledge. Pages 62-70.

Fourteen published articles from 2014 to 2021. The most recent include:

1. Wells, M., Hartwright, C., Morgan, S. and Gale, L. (2021). My Kids Will Always Be around Me, if Not Physically, Spiritually They Will Always Be around Me": Fathers in Forensic Inpatient Care. Journal of Forensic Psychology Research and Practice. DOI: 10.1080/24732850.2021.1945840
2. Davies, B., John-Evans, H., Francis, N., Lazarou, D., Morgan, S., Hughes, J. and Morris, B. (2020). Using functional assessments to involve service users in their positive behaviour support plan. Learning Disability Practice. doi: 10.7748/ldp.2020.e2004
3. Davies, B., Lowe, K., Morgan, S. et al. (2019). Development of a behavioural assessment tool for use in forensic mental health services. Mental Health Practice. doi: 10.7748/mhp.2019.e1350

4. Liddiard, K., Morgan, S.L. and Davies, B. (2019), "Evaluation of a transition intervention in a secure setting", *The Journal of Forensic Practice*, <https://doi.org/10.1108/JFP-03-2019-0008>.

AWARDS

Best Poster Presentation - British Association of Cardiovascular Prevention and Rehabilitation Oct 2016 'Getting on with Life': Smokers' Experiences of Post-traumatic Growth Following a Myocardial Infarction.