



Dr Onyinye Ifeoma Okeke

B.Sc., M.Sc., D.ClinPsych.

Clinical Psychologist



Health Professions Council Registration: **PYL043634**
British Psychological Society Membership: **687183**

Dr Okeke is a diligent HCPC registered and British Psychological Society Chartered Clinical Psychologist with over 6 years post qualification experience. Currently working with the NHS, utilizing neuropsychological tools to provide quality care and treatment to patients with neurological disabilities. Utilizing patient-centred model in the psychological assessments, case formulation, and intervention of service users.

Dr Okeke is a warm, empathic clinical psychologist, who is passionate about delivering personalized therapy for her clients. She draws on different therapeutic models, such as cognitive behavioural therapy, systemic therapy and compassion focused therapy to understand my client's mental health conditions. Her skills, qualification and years of experience, as a registered practitioner psychologist who has worked with all the lifespan population, helps her to utilize client-centred model in the psychological assessments, case formulation, and psychological intervention for her clients. She has special interest in neuropsychological assessment and neurorehabilitation.

AREAS OF SPECIALISM

- Cognitive Behavioural Therapy (CBT)
- Systemic therapy
- Compassion focused therapy
- Depression
- Anxiety
- Grief/bereavement
- Panic Attack
- stress
- Family/social relational difficulties
- Post traumatic stress disorder
- Neuropsychological assessment
- Individual therapy
- Family Therapy
- RTA psychological assessor
- Personal injury claim

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PROFESSIONAL QUALIFICATIONS

2023 PHD – Clinical Psychology, Imo State University, Owerri, Nigeria

Graduated with Distinction. Coursework included doctoral level research, practical and supervised training on treatment of various psychological disorders

2017 MSc – Clinical Psychology, Nnamdi Azikiwe University Awka, Nigeria

Graduated with 2.1 (second class upper division). Course work included a one-year supervised training in psychological therapies and treatment of psychopathologies

2007 BSc – Psychology, Nnamdi Azikiwe University Awka Nigeria

Graduated with 2.1 (Second class upper division) Course modules included introductory exposure to psychological constructs and research methods.

WORK HISTORY

Sept 2024 – Present Clinical Psychologist (RTA Psychological Assessor), CJO Medical Services Ltd

Assesses emotional and psychological trauma using psychological tests, methods, and clinical interview, following a car accident for compensation of claims for mental health conditions caused by road traffic accidents. Provision of medicolegal reports for claimants and defendants for psychiatric injury compensation following a road traffic accident.

May 2024 – Present Clinical Psychologist, Hertfordshire Community NHS Trust, England

Cognitive and emotional assessment of adults and older adults with acute and chronic neurological disabilities, such as stroke, acquired brain injury (ABI), and functional neurological disorders (FND). Conduct inpatient neuropsychological evaluation. Working as a part of the multidisciplinary team within the inpatient unit, across three acute hospitals in the Trust

Jan 2018 – April 2024 Clinical Psychologist, Neuropsychiatric Hospital Rumuigbo, Port-Hacourt

As part of the multi-disciplinary mental health care team of the hospital, I assist in the holistic treatment process of patients who have mental illness. I undertake core psychological assessment and formulation of intervention protocol for the treatment of psychopathologies, with different intensities. I assess and manage risks, following hospital procedures and practice. I work with a lot of individuals, who are struggling with some form of mental difficulties. The scope of my practice includes the utilization of the CBT and systemic models of psychological practice. I hold psychotherapy sessions for individuals, group, couple and family service users. I run a weekly substance abuse group therapy session for substance abuse disorders patients at the hospital.

PROFESSIONAL MEMBERSHIP

- Health and Care Professions Council (HCPC) registration as a Clinical Psychologist –PYL043634
- Chartered member (CPsychol) British Psychological Society (BPS) Division of Clinical Psychology (DCP)